

Wounded warriors can continue serving

Story and photo by Sgt. 1st Class
Krishna M. Gamble

Army News Service

WASHINGTON — The Army is opening doors for severely wounded Soldiers, allowing them to continue serving.

Representatives from 23 U.S. Army Training and Doctrine Command agencies offered more than 400 military and Defense Department jobs to men and women missing limbs and suffering from other injuries at a Wounded Warrior Job Fair at Walter Reed Army Medical Center June 2.

“We want them to know that they are wanted for continuous service in uniform or as a civilian,” said Lt. Gen. Robert Van Antwerp, commanding general of the U.S. Army Accessions Command and deputy commanding general of Initial Military Training, Fort Monroe, Va. “We’re giving people who want to serve the opportunity to continue to serve.”

More than 300 service members wounded in operations Iraqi Freedom and Enduring Freedom participated in the job fair while awaiting the final results of medical boards and surgical procedures.

Injuries ranging from fractures, broken bones and amputations to nerve damage have left many Soldiers concerned about what future career opportunities are available to them. The chance to transition to the civilian sector and still contribute to the Army appealed to some.

“There are a lot worse things out there than the military,” said Sgt. 1st Class Denis Viau, platoon sergeant, 1st Brigade, 25th Infantry Division Striker Brigade Combat Team, Fort Lewis, Wash., whose right leg was amputated as a result of injuries he sustained from an IED in Iraq. “I think everybody should take this opportunity, even if they are not staying in the military.”

Others wanted to continue serving.

“I joined the military because I wanted a change

of career, and I believe in what we were doing and I wanted to do my part,” said Sgt. Nathan Potts, a medic with 3rd Infantry Division, Fort Benning, Ga. “If I can find something that can facilitate me in a different field, I would like to stay; but if not, then I’ll go back to being a high school science teacher and football coach.”

Potts lost his right leg to amputation above the knee, also from injuries sustained from an IED in Iraq.

Senior enlisted advisors from Human Resources Command and installation command sergeants major from around the Army attended the job fair to help Soldiers get an assignment preference or move to another career field.

“We are offering supply positions, wheel-vehicle mechanics, food service and management skills for those who want to change (jobs), and we may even adjust the position so that it will fit with the environment,” said Command Sgt. Maj. Anthony Aubain, command sergeant major, U.S. Army Combined Arms Support Command and Fort Lee, Va.

The job fair resulted from a new program called CARES — Civilian Army Recruitment of Exceptional Soldiers.

TRADOC is the second major Army command to incorporate the program, which is primarily geared toward service members who have received a 30-percent or higher disability due to injuries sustained in the Global War on Terrorism.

Additional job fairs will be held June 21 at



Sgt. Nathan Potts, a medic with 3rd Infantry Division, Fort Benning, Ga., speaks with leaders about job opportunities available to him in the Army during the TRADOC Wounded Warriors Job Fair held at Walter Reed Army Medical Center June 2.

WRAMC, Aug. 9 at Fort Gordon, Ga., and Sept. 19 at Fort Sam Houston, Texas.

For more on the Wounded Warrior Program, go to www.aw2.army.mil or call (800) 237-1336.

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MUST SEE



Take advantage of great outdoors.
See Pages 26-27.

Army streamlines service uniforms to one blue Army Service Uniform

Army News Service

WASHINGTON — Army service uniforms will be streamlined to one blue Army Service Uniform, the Army announced Tuesday.

“World-class Soldiers deserve a simplified, quality uniform. The blue Army Service Uniform is a traditional uniform that is consistent with the Army’s most honored traditions,” said Sgt. Maj. of the Army Kenneth O. Preston.

“We have all of these variations of uniforms — green, blue and white,” said Army Chief of Staff Gen. Peter J. Schoomaker.

“It makes sense for us to go to one traditional uniform that is really sharp and high quality and which Soldiers will be very proud to wear.

“And that’s what we’ve done by

adopting this blue Army Service Uniform that reflects simplicity, quality, utility and tradition.”

Many Soldiers already own an Army blue uniform (now to be called the Army Service Uniform) and may continue to wear it. Improvements will be made to the fabric and fit. Reduction of the number of uniforms will reduce the burden on Soldiers for purchases and alteration cost.

Introduction in the Army Military Clothing Sales Stores should begin in fourth quarter of fiscal year 2007. Introduction in the Clothing Bag should begin first quarter 2009.

The mandatory possession date is expected to be fourth quarter fiscal year 2011.

A wear-out date for the Army

The American flag; what it means

Commentary by Karen Linne
Mountaineer editor

Wednesday the nation celebrates Flag Day. Wednesday also happens to mark the Army's 231st Birthday, but more on that next week.

As editor here at the *Mountaineer*, I get to read a lot of other people's opinion/editorial pieces. Some are good, some not so good. You know that old saying, "Opinions are like _____, everyone's got one." This is so very true. By far the best op/ed pieces are written by those with passion. Doesn't even matter the subject, it's the amount of passion the writer has to work with.

Often, the *Mountaineer* has a lot to choose from for the op/ed page. Other times, not so much. This week is one of the latter.

As I sat down to write about Flag Day I had to measure my passion for the subject. I know how I feel about the American Flag, our symbol of freedom and democracy, what I didn't know was much about the day itself. So, I did a bit of research.

The Fourth of July was traditionally celebrated as America's birthday, but the idea of an annual day devoted specifically to the celebration of the flag is believed to have first originated in 1885. B.J. Cigrand, a school teacher from Fredonia, Wisc., arranged for his students to observe June 14 (the 108th anniversary of the official adoption of the flag) as "Flag Birthday." In following years, Cigrand continued to advocate the observance of June 14 as "Flag Birthday" or "Flag Day."

On June 14, 1889, George Balch, a kindergarten teacher from New York City, planned ceremonies for his children and his idea of observing Flag Day was later adopted by the State Board of Education of New York. On June 14, 1891, the Betsy Ross House in Philadelphia

held a Flag Day celebration, and June 14, 1892, the New York Society of the Sons of the Revolution, celebrated Flag Day.

And on it went. Across the country, various agencies and organizations adopted the idea of Flag Day. Flag Day was officially established by proclamation by President Woodrow Wilson, May 30, 1916. It was not until Aug. 3, 1949, however, that President Harry S. Truman signed an Act of Congress designating June 14 as National Flag Day.

So what does National Flag Day mean? What's it mean to you?

As Americans, we have every right to be proud of our culture, our nation and our flag. Flag Day is a day for Americans to show respect for and celebrate our flag. The American Flag has a proud and glorious history. It was at the lead of every battle fought by Americans. Many of our service men and women fight to defend and protect it every day.

I often see the flag being misused. Although I've never seen it burned or destroyed firsthand, I've watched in horror as people around the world, for one reason or another, have seen fit to destroy our sacred symbol on television. Watching that on TV makes me mad, really mad. It also makes me want to cry for all those who've fought so valiantly to defend it while others can spit upon it or destroy it during some display of their dissatisfaction.

There is also a right way and a wrong way to display the flag. Many people know this and are conscientious of the process and procedures for displaying it. Others, not so much.

There's a man who lives in my area of Colorado Springs. He drives a big red pickup truck with an enormous flag flying from its bed. The flag is tattered and torn, and why this man feels he has the right to display it from his motor vehicle is way beyond me. Probably the same

reason he feels the need for about 12 bumper stickers proclaiming all sorts of opinions and those fake testicles that hang from his trailer hitch. All I can say about him and people like him, is "yuck." I seriously doubt he's ever fought for that flag or he'd have more respect than to let it fly from his truck. I try not to get angry when I see him, I console myself by imagining that he is misled or misinformed.

The American flag should be held in the highest of regards. It represents the nation and the many people that have given their lives for our country and flag.

The flag is normally flown only from sunrise to sunset. In the morning, the flag should be raised briskly. At sunset, lower the flag slowly. The flag should not be flown at night without a light on it. The flag should not be flown in the rain or inclement weather. After a tragedy or death, the flag is flown at half-staff. It's called "half staff" on land, "half mast" on a ship. When flown vertically on a pole, the stars and blue field or "union" is at the top and at the end of the pole (away from the house or building it's flown from).

The American flag is always flown at the top of the pole, state flags and others fly below it. The union is always at the top. When displayed in print, the stars and blue field are always on the left. Never let the flag touch the ground, ever. Flags should be folded when stored, never stuffed in a box or drawer. When an American flag is tattered and torn, it is time to retire it. Old flags should be burned (ceremoniously) or buried. They should never be thrown in the trash.

Your local Boy Scouts of America Troop knows how to hold a flag-burning ceremony. If you have an old flag, you can normally give it to them. Don't let me see you burning it out back in your yard or attaching it to your pickup truck, you've been told!

POST TALK: What does the American flag mean to you?



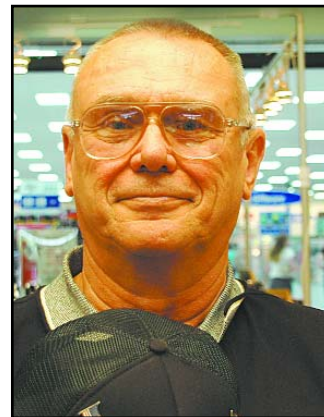
"It means my children will live in freedom!"

Chap. (Maj.) Cope Mitchell
USAG / Command Chaplain's Office



"A sense of pride. It reminds me of my father, Vietnam vet and Army retiree. My son, too, will feel this way when he gets older."

Cpl. Jon Lessman
66th MI, 3rd ACR



"The flag stands for everything great about the U.S. Loyalty, truth and the blood shed by our service members. As a 33-year veteran, these three qualities are very precious to me."

Ivan N. Pierce
(retired)

MOUNTAINEER

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NEWS

Strong Bonds Program aids military couples

Army News Service

ARLINGTON, Va. — The Army chaplaincy has expanded the Strong Bonds Program to include single Soldiers, families with children, and those undergoing the “rigors” of deployment and redeployment.

In addition, this holistic relationship training program will now be offered to the Reserves and the National Guard.

Originally started in 1999, Strong Bonds emerged out of the Army’s recognition that Soldiers with strong marital and family relationships make better Soldiers.

The newly expanded Strong Bonds Program includes:

- Strong Bonds Single Soldier, which arms Soldiers with decision-making and relationship building skills prior to marriage.
- Strong Bonds Couples, with tools for strengthening marital bonds through communication and relationship building.
- Strong Bonds Family for single Soldiers, couples, spouses and children,

which helps them all work together to face the challenges of military life. Children ages 8 and up are invited to participate.

- Strong Bonds Pre- and Re-deployment, which works with Army families to help them stay close through deployment, and to reintegrate after a long-term separation.

This chaplain-led program is conducted in several group sessions and culminates in an off-site retreat where Army families can focus on skill building and enjoy time away from daily responsibilities.

Strong Bonds Single Soldier and Strong Bonds Family will begin in the spring and early summer of 2006. Strong Bonds Pre- and Re-deployment will start in early fall of 2006.

Soldiers must get permission from their commanders to attend the program.

For more information, contact Sheldon Smith, Media Relations, Office of the Chief of Public Affairs, (703) 697-7487, Sheldon.smith@hqda.army.mil. Or visit the Web site at www.strong-bonds.org.

New recruiting initiative 'grand' for retirees

Army News Service

On June 2, the Army expanded the \$1,000 recruiting referral bonus eligibility to include retired Soldiers.

This newest recruiting incentive pays retired Soldiers a \$1,000 lump sum for referring applicants who enlist, complete basic training, and graduate individual advanced training.

The Secretary of the Army is granted the authority to pay a bonus to any individual who refers to an Army recruiter a person who has not previously served in the Armed Forces and enlists in either the active Army, Army National Guard or the Army Reserves.

The referral may not be an immediate family member and the retired Soldier referring may not be serving in a recruiting or retention assignment or as a Junior ROTC instructor.

Army Retirees includes Active Army Retirees and Army Reserve Component Retirees including Reserve members who have trans-

ferred to the Retired Reserve but who have not yet reached 60 years of age.

Since the \$1,000 referral bonus for currently serving Soldiers was initiated in January, the referral Web site has received more than 5 million hits, resulting in approximately 5,000 referrals, 500 contracts, and 100 recruits who have begun training.

The Army plans to present the first \$1,000 check on June 8 to Staff Sgt. Consuelo Spears at Fort Huachuca, Ariz., when Pvt. Bartolomiej A. Rdes graduates from his Advanced Individual Training at Fort Sill, Okla. Rdes was recruited by Staff Sgt. Alberto Rochezayas from the Chicago Recruiting Battalion.

For more information on this pilot program, retirees should call (800) 223-3735 extension 6-0473, go to www.usarec.army.mil/smart or contact their local Retiree Services Office. For referrals to the Army National Guard referring retirees should call (800) GOGUARD.

Army deploys integrated Post Deployment Health Assessment capabilities

Army News Service

FORT DETRICK, Md. — A new electronic Post Deployment Health Assessment software application will enable deployed

medical professionals to assess service members' medical conditions.

The application was released by the Medical Communications for Combat Casualty Care Product Management Office, the Surgeon General's IT fielder.

Units deployed to Operations Iraqi and Enduring Freedom will begin using MC4's ePDHA via MC4 laptops and handhelds.

Key to standardizing business processes and streamlining integration, MC4's version 1.4.2.4 software upgrade includes the ActivCard Gold application, which enables all MC4 users to provide Common Access Card authentication — a requirement

recently made a top priority by Army officials.

"MC4's rollout of ePDHA not only standardizes the hardware, but it reduces the costs of supplemental equipment needed to meet the PDHA effort," said Lt. Col. Edward Clayson, MC4 product manager.

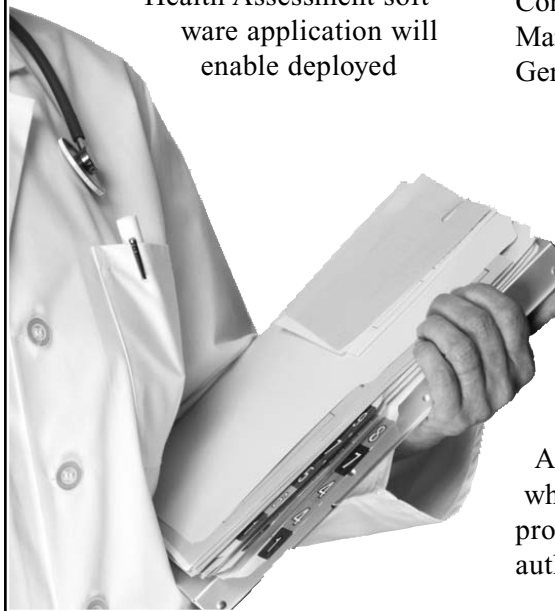
Currently, MEDPROS' PDHA application requires the use of smart cards and compact flash cards, but both will be supplanted in mid-June when MC4 PMO completes both OIF and OEF training efforts to transition units to MC4's ePDHA application.

"By adding PDHA functionality, MC4 systems continue to become what the Surgeon General has envisioned — the implementing technology offering deployed forces

the full spectrum of force health protection," Clayson said. "The PDHA initiative plays a critical role in our mission by helping to create a comprehensive, life-long medical record for all service members."

MC4 develops, fields and supports a medical information management system for Army tactical medical forces, enabling a comprehensive, life-long electronic medical record for all service members, and enhancing medical situational awareness for operational commanders. Headquartered at Fort Detrick, Md., MC4 is under the oversight of the Army Program Executive Office Enterprise Information Systems at Fort Belvoir, Va.

For more information on MC4, visit www.mc4.army.mil.



MILITARY

3rd HBCT Soldier remembered as 'dedicated, hard working'

Story and photo by
Sgt. Zach Mott

3rd Heavy Brigade Combat Team

BAQUBAH, Iraq — Cpl. Brock Bucklin was remembered as a dedicated Soldier and hard worker who was eager to move ahead in his Army career during a memorial ceremony at Forward Operating Base Warhorse Sunday.

Bucklin, from Headquarters and Headquarters Company, 1-68 Combined Arms Battalion, 3rd Heavy Brigade Combat Team, died when a link from a chain snapped and hit him in the throat. He was transported to Balad hospital where he died of his wounds May 31.

The Grand Rapids, Mich., native was a member of the Mortar Platoon before assuming duties with the mayor's cell at Forward Operating Base Gabe. His duties consisted of improving the quality of life for those residing there and assisting in closing the FOB

after the bulk of 1-68 CAB moved to FOB Warhorse.

"He made sure that every Soldier would always have the comfort necessary to relax after a long mission, have a nice room to stay in during an overnight stay and had the ability to complete daily work on the FOB," said Capt. Sterling Packer, commander of HHC, 1-68 CAB.

Bucklin was remembered by his fellow Soldiers for his storytelling ability. One such story, as retold by Staff Sgt. Scott Wesemann, involved Bucklin, his brothers, a bulldozer and a strip mall.

"Now, I've not confirmed the story with family or friends, but I could tell in the conviction in his voice and the seriousness of his face ... you can't help but believe the story," Wesemann said.

Other stories were told — as many confirmed, Bucklin was a storyteller who enjoyed reliving the experiences whether fact or fiction.

"He could tell some pretty unbelievable stories that were both funny and annoying," said Pfc. Connor Meggitt, HHC, 1-68 CAB. "I am very grateful for having the privilege of working and getting to know as kind and hard working a Soldier as Corporal Bucklin."

As many said, Bucklin never met anyone who did not become his friend. As the nods of understanding went around the room,

this fact was confirmed by the large contingent at the gymnasium named in honor of another fallen comrade: Sgt. 1st Class David Salie, from the 2nd



The memorial to Cpl. Brock Bucklin, Headquarters and Headquarters Company, 1-68 Combined Arms Battalion, 3rd Heavy Brigade Combat Team, is filled with patches, coins and other commemorative items following a ceremony honoring the Grand Rapids, Mich., native.

Battalion, 69th Armor, 3rd Brigade, 3rd Infantry Division.

See **Bucklin** on Page 7

Military briefs

Miscellaneous

MP Corps anniversary — The 759th Military Police Battalion is celebrating the 65th anniversary of the Military Police Corps July 15 at the Double Tree Hotel Ballroom in Colorado Springs. All active duty, Reserve component and retired MP Soldiers are invited to attend the ball. For more information or to R.S.V.P. call Capt. Christian Blevins at 526-8031 or e-mail Christian.Blevins@carson.army.mil by July 7. Cocktail hour will begin at 6 p.m. followed by a receiving line at 6:30 p.m.

Joint Personal Property Shipping Office — The Joint Personal Property Shipping Office is scheduling group briefings to accommodate Soldiers set to depart the Mountain Post this summer. Individual briefings will not be held except in emergencies. All briefings will be group briefings. Soldiers must make an appointment to attend group briefings by calling 526-3755 or stopping by bldg 1220.

Casualty training — Fort Carson hosts casualty training June 13-16 from 8:30 a.m.-4:30 p.m. at bldg 1117, room 202B. This training is mandatory for those assuming casualty notification officer or casualty assistance officer positions. It is recommended for all sergeants first class and above and rear detachment commanders. For information call 526-5613/5614 or e-mail casualty.g1@carson.army.mil.

Officer Candidate School board — OCS local board packets must be turned in to the 502nd Personnel Services Battalion, bldg 1118, room 316, no later than July 10. The original application packet plus two copies should be turned in. Packets will be consolidated and those meeting eligibility requirements will be scheduled for the local OCS board to be held July 17-18 from 7 a.m.-5 p.m. at the Elkhorn Conference Center, bldg 7300. Packets for those candidates approved will be forwarded to the Department of the Army for approval during the week of Sept. 11. For more information call 526-5824.

Learning Resource Center offerings — The Learning Resource Center, located in the Education Center, bldg 1117, room 216, offers academic review including GT preparation, GED assistance, placement tests including SAT, ACT, GRE, GMAT and more. Patrons may also use computers to check e-mail, surf the Internet or navigate desktop application tutorials. Hours of operation include Monday-Thursday 9 a.m.-8 p.m. Friday 9 a.m.-5 p.m. and Saturday 10 a.m.-3 p.m. For more information call the Learning Resource Center at 526-4058/8077.

DPW services — Do you know who to call when a windstorm causes damage to your facility, overturns a portable latrine or when trash containers are overflowing?

The Directorate of Public Works is responsible for a wide variety of services on Fort Carson. Services range from repair and maintenance of facilities to equipping units with a sweeper, and cleaning motor pools. Listed below are phone numbers and points of contact for services:

- Facility repair/service orders — LB&B service order desk at 526-5345. Use this number for emergencies or routine tasks.
- Refuse/trash — Call Virgil Redding at 526-6676 when needing trash containers, trash is overflowing or emergency service is required.
- Facility custodial services — Call Larry Haack at 526-6669 for service needs or to report complaints.
- Elevator maintenance — Call Larry Haack at 526-6669.
- Motor pool sludge removal/disposal — Call Don Phillips at 526-9271.

- Repair and utility/self-help — Call Gary Grant at 526-5844. Use this number to obtain self-help tools and equipment or a motorized sweeper.

- Base operations contract COR — Call Terry Hagen at 526-9262 for reporting wind damage, snow removal concerns, damaged traffic signs or other facility damage.

- Portable latrines — Call Fred Buckner at 526-6676 to request latrines, for service or to report damaged or overturned latrines.

CIF Hours

Regular business hours

Due to the number of Soldiers who need to clear the Central Issue Facility during June and July, CIF is adjusting their operating hours temporarily. CIF will revert to normal operating hours Aug. 1. Soldiers may make turn-in appointments by calling 526-3321. Listed below are the new operating hours.

Initial issues

Monday, Wednesday and Friday 7:30-11:30 a.m.

Partial issues

Monday and Wednesday 1:30-3 p.m. and Friday 7:30-11:30 a.m.

Cash sales/report of survey

Monday through Thursday from 7:30-11:30 a.m. and 12:30-3 p.m. and Friday from 7:30-11:30 a.m.

Direct exchange

Monday and Wednesday 1:30-3 p.m. and Friday 7:30-11:30 a.m.

Partial turn-ins

Monday through Thursday from 12:30-3 p.m.

Full turn-ins

Monday, Wednesday and Friday 7:30-11:30 a.m. and Tuesday and Thursday from 7:30 a.m.-3 p.m.

Unit issues and turn ins

Call 526-5512/6477 for approval.

Hours of operation

Education center hours of operation — The Mountain Post Training and Education Center's hours are as follows:

- **Counselor Support Center** — Monday through Thursday, 7:30 a.m.-4:30 p.m. and Friday, 11 a.m.-4:30 p.m.

- **Army Learning Center and Basic Skills Classes** — Monday through Thursday, 9 a.m.-noon, closed training holidays.

- **Defense Activity for Nontraditional Education Support and Advanced Personnel Testing** — Monday through Friday, 7:30-11:30 a.m. and 12:15-4:15 p.m., closed training holidays.

- **Basic Skills Education Program/Functional Academic Skills Training** — Monday through Thursday, 1-4 p.m., closed training holidays.

- **eArmyU Testing** — Monday-Friday, 12:15-4:15 p.m., closed training holidays.

Military Occupational Specialty Library — Monday through Friday, 10 a.m.-2 p.m., closed training holidays.

Claims Division hours — The Claims Division office hours are Monday through Thursday from 9 a.m.-5 p.m, closed Friday and federal and training holidays. To make a personnel claim, Soldiers must attend a mandatory briefing which is given Mondays and Wednesdays at 10 a.m. and 2 p.m. At the briefing, Soldiers must submit a Department of Defense Form 1840/1840R. Submit completed claims Tuesdays and Thursdays.

DFAC hours — Fort Carson dining facilities operate under the following hours:

Wolf Inn — Monday-Friday 7-9 a.m. (breakfast), 11:30 a.m.-1 p.m. (lunch) and 4:30-6:30 p.m. (dinner). Weekend hours are 7:30-9 a.m., 11:30 a.m.-1 p.m. and 4:30-6 p.m.

Indianhead Inn — Monday-Friday 7-9 a.m. (breakfast), 11:30 a.m.-1 p.m. (lunch) and 5-7 p.m.

(dinner). Weekend hours are 7:30-9 a.m., 11:30 a.m.- 1 p.m. and 4:30-6 p.m.

Butts Army Airfield — Monday-Friday 7-9 a.m. (breakfast), 11:30 a.m.-1 p.m. (lunch) and 4:30-6:30 p.m. (dinner). This DFAC is closed weekends.

Patton Inn — Monday-Friday 7:30-9 a.m. (breakfast), 11:30 a.m.-1 p.m. (lunch) and 5-7 p.m. (dinner). Weekend hours are 7:30-9 a.m., 11:30 a.m.-1 p.m. and 4:30-6 p.m.

Striker Inn — Monday-Friday 7-9 a.m. (breakfast), 11:30 a.m.-1 p.m. (lunch) and 4:30-6:30 p.m. (dinner). Weekend hours are 7:30-9 a.m., 11:30 a.m.-1 p.m. and 4:30-6 p.m.

10th SFG — Monday-Friday 7-9 a.m. (breakfast), 11:30 a.m.-1 p.m. (lunch) and 4:30-6 p.m. (dinner). This DFAC is closed weekends.

Post shuttle

The post shuttle runs from 8 a.m.-8 p.m. Monday through Friday, excluding holidays. The last pickup is at 6:57 p.m.

Here's a list of stops and times (expressed as minutes past the hour):

1. 43rd ASG barracks, bldg 756, :00-:30
 2. * Welcome Center, bldg 1218, :02-:32
 3. * MEDDAC barracks, bldg 1013, :04-:34
 4. * SRP site, bldg 1042, :07-:37
 5. Across from McKibben Gym, bldg 1049, :09-:39
 6. Family Connection, bldg 1354, :11-:41
 7. IG Office, bldg 1659, :13-:43
 8. 3rd HBCT Hq, bldg 1852, :15-:45
 9. Barracks, bldg 2060, :16-:46
 10. * 2nd BCT Hq, bldg 2350, :17-:47
 11. Barracks, bldg 2450, :16-:46
 12. Reserve Training Center, bldg 3450, :21-:51
 13. * Occupational Health, bldg 2059, :25-:55
 14. * Outdoor Rec, bldg 2429, :28-:58
 15. 10th SFG, bldg 7416, :34-:04
 16. Golf course, bldg 7800, :39-:09
 17. * Evans Hospital, bldg 7500, :43-:13
 18. * Colorado Inn/Elkhorn, bldg 7301, :46-:16
 19. * Main PX, bldg 6110, :49-:19
 20. * Mini-mall, bldg 1510, :51-:21
 21. * Army Community Service, bldg 1526, :53-:23
 22. Xtremes, bldg 1532, :55-:25
 23. Lot across from HQ, bldg 1430, :57-:27
- * These stops connect to a Metro City Bus link.

Briefings

Special Forces briefings — will be held Wednesdays at bldg 1217, room 305, from 10-11 a.m., noon-1 p.m. and 5-6 p.m. Soldiers must be E4-E6 from any military occupational specialty; have a general technical score of at least 100; be a U.S. citizen; score 229 or higher on the Army Physical Fitness Test; and pass a Special Forces physical. Call 524-1461 or visit the Web site at www.bragg.army.mil/sorb.

ACAP briefing — The Army Career and Alumni Program preseparation briefing is required for all departing service members. Current ACAP policy requires personnel ending time in service to register one year out and retirees two years out. ACAP preseparation briefings are held Monday through Friday from 7:30-9 a.m. Attendees should report to ACAP by 7:15 a.m, bldg 1118, room 133. Call 526-1002 to schedule the briefing.

ETS briefing — ETS briefings for enlisted personnel will be held the first and third Tuesday of each month until further notice. Briefing sign-in begins at 7 a.m. at bldg 1042, room 310. Briefings will be given on a first-come, first-served basis. Soldiers must be within 120 days of their ETS but must attend the briefing no later than 30 days prior to their ETS or start date of transition leave. Call Orlando James at 526-2240 or e-mail Orlando.James@carson.army.mil.

Bucklin

From Page 5

“He could make friends immediately with anybody,” Packer said. “In fact he would be your friend whether you wanted him to or not. He had that effect on people. He had the uncanny ability to make friends instantaneously, regardless of rank, status or nationality. I dare say that every person on FOB Gabe knew him.”

Bucklin is the ninth Soldier from the 3rd HBCT, 4th ID, to die during Operation Iraqi Freedom 05-07.

“He will forever be memorialized in the Stryker Brigade and the Silver Lions for he was such an integral part of this Band of Brothers,” said Lt. Col. Thomas Fisher, commander, 1-68 CAB. “Corporal Bucklin served with distinction as one of the few who had chosen a path of honor demonstrating the highest values of service to this country.”

Bucklin is survived by his parents Duane and Dawn, son Jacob Alexander, brothers Brad, Wayne, Shawn, Pete and sister Becky.



Photo by Master Sgt. Dennis E. Beebe

Long awaited moment

Maj. Gen. Robert W. Mixon Jr., left, commanding general, 7th Infantry Division and Fort Carson, officiates the retirement ceremony of Col. Nicholas J. Buechler with his wife, Cindy, at Fort Carson May 31. Buechler retires with 30 years of service after being commissioned in May 1976 through the Reserve Officers Training Corps at South Dakota School of Mines and Technology. A total of 17 Soldiers were honored at May's retirement ceremony.

'Band of Brothers' jump for old times sake

Story and photo by Spc. Courtney Pace

2nd Brigade Combat Team

The week of May 17-21 was anything but ordinary as Colorado Springs experienced a meeting of past and present during the Currahee Reunion and Currahee Memorial Jump.

The reunion featured a mix of veterans from World War II, Vietnam and Iraq who were all Currahees and served in the 506th Airborne Infantry Regiment, which is more famously known as the "Band of Brothers." The unit is currently part of the 101st Airborne Division.

Soldiers from 2nd Battalion, 12th Infantry Regiment, 2nd Infantry Division, at Fort Carson, joined in the celebration as they too were once Currahees before being reflagged.

On May 19, the Currahee Reunion and Memorial Dinner was at the Sheraton Colorado Springs Hotel where fallen Currahees were honored in a candle-lighting celebration.

The fallen were again honored on May 20 when past and present Soldiers jumped together in memory and honor of loved ones and friends who paid the ultimate price.

Steve Bale of Elaborate Skydiving in Calhan, and Randy Fortner of Colorado Sky Sports provided skydiving support for the event.

Col. David L. Clark, commander of 2nd Brigade, 75th Division Training Support, at Fort Sam Houston, Texas, was the prior commander of the 506th Airborne Infantry Regiment and then 2nd Battalion, 12th Infantry Regiment, after its reflagging, and said

he came out to support the 506th Airborne Infantry Regiment Association.

"This association is kind of an amazing thing," Clark said. "These guys embraced us prior to our deployment in Iraq."

Clark said the association of past and present Currahees gave much appreciated support during the deployment through endless care packages and complimentary flags. Clark said they also visited the wounded even though they didn't know them and they attended funerals of the fallen.

Clark said the reunions help keep the history of the unit alive as there is a common bond between past and present Currahees.

"We hold these guys in high regard," Clark said. "We are their legacy and they are proud of us."

Clark said it was nice to meet the people behind the association and to meet other veterans.

"It was good for me to get to see all the guys I served with in Iraq and Korea and to meet more," Clark said.

Clark said he hopes the reunion inspires current Soldiers to become involved in the organization.

"It's just great to be around the guys who went before us and served our country, preceding us in service of our country, and current active duty who are serving," Clark said. "It's a rare opportunity."

Command Sgt. Maj. (retired) Norris A. Cole, 70, who was in the Army for 30 years, on jump status for 20 years and retired at Fort Carson in 1985, came to participate in the memorial jump, — his first jump in 20 years.

Cole said he was a member of the 101st Airborne

Division when it reorganized in 1957 and he jumped for the men he served with in the unit. He loved jumping during his career, which included Vietnam.

"It was a considerable bit of fun," he said. "You can't do anything for 20 years and not enjoy it."

It was with that enjoyment that Cole jumped, but his alertness to detail and proper procedure has never diminished over the years.

"There are old jumpers and there are bold jumpers, but there are no old, bold jumpers," Cole said.

Cole continued by saying the jump and being among veterans brought back a lot of memories for him. "I feel old, but I see guys who are the pioneers who paved the way for what I did when I came in," he said.

Cole said events such as the memorial dinner and jump are ways to bridge the gap between old and new.

"The younger jumpers now have more respect for parachute jumpers."

Cole and others jumped with sport parachutes and not the ones military personnel use today.

"These things are Cadillacs compared to what I had," he said. "I had a Model T."

1st Lt. Stephen K. Jennison, platoon leader for Predator Battery, 3rd Armored Cavalry Regiment, participated in the jump as it enabled him to get another jump under his belt, but it also allowed him to mingle with World War II veterans.

"They went through hell and back and it makes all the troubles we had seem almost insignificant," Jennison said.

Having current Soldiers jump with veterans

Brothers

From Page 8

from all eras is a good way to remember the past, Jennison said. He was part of the Band of Brothers for a few months during his 2006 tour in Iraq.

“So far it’s been great,” he said. “We had class yesterday and I got to talk to the guys. There’s a lot of history. Everyone has respect for these guys. It’s just amazing.”

Dave J. Sas, a former recon Soldier with 1st Battalion, 506th Airborne Infantry Regiment, and a Vietnam veteran, said he came out to watch the other veterans jump.

Sas, who normally jumps every year, said he couldn’t jump this year due to a mountain biking accident. However, he’ll be ready for next year.

“It’s a lot of fun,” he said. “I can’t describe it. In the plane you can’t see or hear when you go out and then it’s dead silence and you’re looking at the world. It’s fantastic. You just pray you have a good landing.”

Sas said it’s fun to come out and be among other veterans. “I am so impressed with the new Soldier,” Sas said. “When we were in, most were draftees. We were in to do the job. We didn’t choose it. These guys are choosing it. I am impressed with how professional the new Soldier is.”

Overall, organizers said the event went well with veterans mingling together, but there were a few accidents that occurred.

James Nemeth, co-chairman of the 2006 506th Airborne Infantry Regiment Reunion, said there were four injuries that required medical aid. World War II veteran Carl D. Dalke, Iraq veteran James Shaffor, 1st Lt. Michael Patchus and civilian Becky Haley were injured during their jumps.

Other than those injuries, the day went smoothly with military and civilians alike descending from the clouds.

For more information on the 506th Airborne Infantry Regiment Association go to its Web site at www.506infantry.org.



Photo by Sgt. 1st Class Donald Sparks

Gone, not forgotten

Capt. David Olsen, commander, Remington Troop, 3rd Armored Cavalry Regiment, takes a moment to think about his fallen friend — Maj. Doug LaBouff. LaBouff was honored May 28 by the Holy Trinity Catholic Church, Colorado Springs, by naming a soccer field after the trooper who was killed in Operation Iraqi Freedom III.

Uniform

From Page 1

Green Class A and white dress uniforms will be determined at a later date.

The consolidation of Army service uniforms is part of a streamlining process. In 2004, the Army reduced the number of battle dress uniforms from three to one when it adopted the Army Combat Uniform in place of the Woodland Green Battle Dress Uniform (winter and summer versions) and the Desert Combat Uniform. That uniform consolidation has been a resounding success in terms of soldier acceptance and reducing the variety of combat uniforms with which they must deal.

Army Blue as a uniform color traces its origins back to the National Blue and was first worn by Soldiers in the Continental Army of 1779.

Besides tradition, the Army Service Uniform reflects utility, simplicity and quality.

- In utility, the blue Army Service Uniform provides a basic set of components that allow Soldiers to dress from the lowest end to the highest end of service uniforms with little variation required.

- In simplicity, the blue Army Service Uniform eliminates the need for numerous sets of green Class A uniforms, service blue uniforms and, for some, Army white mess uniforms (and tunics for women). Streamlining various service uniforms into one Army Service Uniform reduces the burden on Soldiers in the same manner that the Army Combat Uniform did for the field utility uniform.

- In quality, the blue Army Service Uniform is made of a durable material that is suitable for daily use without special care.

Information about the blue Army Service Uniform is available at www.army.mil/symbols/uniforms.



Paying tribute

Left: The memorial service of Staff Sgt. Marion Flint Jr. and Spc. Grant A. Dampier was held at Soldiers' Memorial Chapel May 31. Both Soldiers were members of the 1st Battalion, 8th Infantry Regiment, 3rd Heavy Brigade Combat Team, 4th Infantry Division.

Above: "Amazing Grace" was performed on the bagpipes by a member of the Pikes Peak Highlanders, Pipe and Drums, Inc.

Photos by Master Sgt. Dennis E. Beebe

COMMUNITY

LOST

A guide to wilderness survival

by Sgt. Clint Stein
Mountaineer staff

Imagine yourself hiking alone in the wilderness, the sun is close to setting and you can't find your way back to where you started from — you're lost.

Would you know what to do? Could you survive alone in the wild? If it were your child, would he or she know what to do if lost in the woods?

These are questions that everybody should be able to answer before embarking on a camping or hiking trip.

Recently, 8-year-old Evan Thompson wandered off from his campsite outside of Cañon City and was lost for 80 hours. When rescuers found Thompson, he was five miles from where his campsite was located. He was dehydrated, but otherwise "completely unharmed" said Zak Slutzky, Western State Mountain Rescue in Gunnison and a spokesman for the search and rescue operation.

With only a hooded sweat suit and shoes on, Thompson was lucky to have been able to survive the elements of the wild. He had not been prepared for what he endured in the rugged terrain of ravines, cliffs and pinon pines.

One of the best things people can do to help prepare for getting lost in the wilderness is to prepare for the chance, said Jeff Linn, Fort Carson land manager. "Good preparation and knowledge of the outdoors can be the key to survival," he said.

With the right tools and know-how, people who find themselves lost in the middle of nowhere have a good chance of finding their way or being found. Aside from the typical camping supplies people might take on their outdoor adventures, there are some other precautionary supplies that may be beneficial if one becomes lost.

Dunning said a really important tool he recommends every camper or hiker has, especially children, is a whistle. A whistle can be used for a few different things in the wild. If a person becomes lost, he or she can blow the whistle three times to signal he or she is lost.

Michael Dunning, wildlife specialist for Fort Carson, said a whistle can also help scare away threatening animals such as bears or mountain lions. "When someone encounters a bear or mountain lion they should make themselves look as big as possible and make a lot of loud noise."

If the person doesn't have a whistle

to help scare away the animal, Dunning said the person should yell at the animal in a loud, scowling voice. Since smaller children can't usually make their voice deep enough to sound threatening, a whistle is best used he said. Dunning said the way people can make themselves appear bigger to an animal is by holding their arms in the air or spreading their jacket out over their head.

If someone encounters a bear, he or she should not look it directly in the eyes said Dunning. "Staring the bear in the eyes can make the bear aggressive."

In either case, with bears or mountain lions, Dunning said whatever a person does, "don't turn your back on them and try to run."

Dunning said running triggers the animal's instinct to chase. He said to slowly back away from the animal until it either walks away or you're out of sight from it.

Although bear or mountain lion encounters are a possibility in this area, James Kulbeth, Fort Carson land manager, said one of the biggest health concerns for people who are lost is lack of water. He said it's always a good idea that when preparing for a hiking trip, or wandering off from a campsite, that people bring plenty of water. "People can go days without eating, but without water they become dehydrated which can cause other health concerns," he said.

If someone becomes lost without water and is in desperate need of hydration, there are sources in the wilderness where water can be found. A lost person in need of hydration can drink from streams, puddles, dew off the ground, snow, roots of plants, or rain. Although drinking from these sources may taste good, Kulbeth said almost all of the water found in the wild contains guardia bacteria. He said guardia bacteria isn't life threatening, but causes a stomach virus that can lead to diarrhea and therefore further dehydration.

Another concern for people who end up lost in the woods and need to spend the night is hypothermia. According to the National Park Service Annual Search and Rescue Report, more people who became lost in the woods suffered from some form of hypothermia than any other condition.

One of the best ways to help prevent hypothermia is to stay dry and wear layers of clothes, said Dunning. "A simple trash bag is a great way to keep dry," he said, "and it can be rolled up into a small pocket."

Linn said another tip for staying dry is to always have an extra pair of dry socks. He said if a person's feet become wet, they will usually start to get tender and blister easy. When lost in the wilderness and trying to find help, blistered feet can hamper one's ability to walk.

But, in the case where someone is not familiar with the terrain or is a child, Dunning said one of the best things they can do when lost is to stay where they are. The American Red Cross advises lost victims to use the acronym S.T.O.P., Sit, Think, Observe, and Plan. Dunning said one of the biggest mistakes people make when lost is they panic. He said people need to stay calm and focus on the problem at hand.

According to the National Park Service Web site, lost victims are more likely to be found if they stay put. Search and rescue teams are sent to the location where the person was last seen. However, statistics have shown that 88 percent of lost hikers walk down hill, 73 percent find and follow a trail, and 82 percent are found in open areas.

When Thompson was found 80 hours after being lost, he had been staying in a small cave hiding from the sounds of the search and rescue party.

Dunning, who also teaches elementary children how to survive when lost, said that type of behavior is typical of young children who are lost. He said children are usually taught to stay away from strangers, so when

they hear people around them they will try to avoid being seen even in such dire circumstances.

Linn said that's where good preparation comes into play again. He said not only should adults know what to do if lost in the wilderness, but they should also teach their children what to do, too.

Linn said after a family has packed all the necessary items for a safe camping or hiking trip, they should lay down some ground rules for their children and remind them of what to do to prevent them from getting lost or what to do in case they do get lost. "When a family or group gets settled into their camping spot, they should orient themselves and their children with their surroundings. When lost, a familiar landmark can get someone on the right track," he said.

The most important thing Linn said people can do when preparing for a camping trip is to educate themselves and their family on what to do in case something happens. He said people should always use the buddy system when venturing off from the campsite and always let others know where they are going and when they plan to return.

Thousands of people get lost each year while camping or hiking, according to the National Park Service. By taking the proper precautions and educating one's self and family, the chances of one getting lost can be greatly reduced.

Camping/ hiking safety tips

If you have any medical conditions, discuss your plans with your health care provider

and get approval before departing.

Review the equipment, supplies and skills that you'll need. Consider what emergencies could arise and how you would deal with those situations. What if you got lost, or were unexpectedly confronted by an animal? What if someone became ill or injured? What

kind of weather might you encounter? Add to your hiking checklist the supplies you would need to deal with these situations.

Make sure you have the skills you need for your camping or hiking adventure. You may need to know how to read a compass, erect a temporary shelter or give first aid. Practice your skills in advance.

If your trip will be strenuous, get into good physical condition before setting out. If you plan to climb or travel to high altitudes, make plans for proper acclimatization to the altitude.

It's safest to hike or camp with at least one companion. If you'll be entering a remote area, your group should have a minimum of four people; this way, if one is hurt, another can stay with the victim while two go for help. If you'll be going into an area that is unfamiliar to you, take along someone who knows the area or at least speak with those who do before you set out.

Community briefs

Miscellaneous

Pikes Peak International Hill Climb — The Pikes Peak International Hill Climb is set for July 1. The race is the second oldest race in the United States. Since 1916, daring drivers and motorcycle riders have challenged this famous road. The course begins near mile seven on Pikes Peak Highway and ends 12.4 miles later at the 14,100 foot summit of Pikes Peak. Between are 156 corners, many of them hairpins, cliffs of 2,000 feet and no guardrails. This year, the PPIHC hosts a “Support the Troops” program, offering 50 percent off ticket prices for active-duty military and their families. For more information visit the Web site at www.ppihc.com.

Colorado Springs Flames Football Club — Colorado Springs Flames Football Club will hold a military appreciation night June 24 at 7 p.m. The Flames, Colorado Springs’ semi-pro team, will play at Fountain-Fort Carson High School, 900 Jimmy Camp Road, Fountain. Bring your military identification to get in for free. Tickets will be available for purchase beginning at 6 p.m. for all other attendees. Prices are \$4 for adults, \$3 for children 10-17, and free for those under 10. For more information call 390-7615 or visit the Web site at www.spgsflames.com.

Donate blood — Bonfils Blood Center will hold a blood donation drive at Fort Carson Thursday at 10 a.m.-3 p.m. at the Elkhorn Conference Center, bldg 7300. There will be free pizza for all donors. Bonfils Blood Center needs 4,350 volunteer donors each week to meet the community’s needs. Contact Bonfils at (800) 750-4483, option 1, or e-mail cheryl_wren@bonfils.org to make an appointment.

Fountain-Fort Carson proposed school budget — Notice is hereby given that a proposed budget has been submitted to the Board of Education of El Paso County School District Eight for the 12-month period beginning July 1, and has been filed in the office of Kathy Reinhold where it is available for public inspection. Such proposed budget will be considered for adoption at a regular meeting of the Board of Education of said district at the School Administration Building on June 21 at 6 p.m. Any person paying school taxes in District Eight may at any time prior to the final adoption of the budget file or register his/her objections. Normal business hours are 7:30 a.m.-4 p.m., Monday-Friday, excluding legal holidays.

Colorado Springs Street Breakfast — The Colorado Springs Street Breakfast, hosted by Pikes Peak Sertoma Clubs and The Pikes Peak Range Riders, will be held June 21 from 5:30-9 a.m. in downtown Colorado Springs. Breakfast is \$5 and includes eggs, pancakes, coffee, milk and juice. Breakfast will be prepared by Fort Carson Soldiers. A military discount of \$1 off the price of breakfast is being offered. The event will be in the blocked-off area of Pikes Peak Avenue near Tejon Street. Several exhibits and events including live music from Chute 9 will take place during the breakfast.

Operation Gratitude — Operation Gratitude, a free outdoor event for military families, will be held June 24 from 10 a.m.-2 p.m. at Friendship Assembly of God Church, located one block east of Powers and North Carefree. There will be games, food, prizes, music and other live entertainment, door prizes and words of gratitude from local dignitaries. Show your military identification at the entrance. For more information call 574-3155.

Children of deployed Soldiers can fish — The Colorado Walleye Association, the Colorado B.A.S.S. Federation and GMH Military Housing host a fishing opportunity for children of deployed Fort Carson Soldiers June 17 at Pueblo Reservoir.

Volunteers from CWA and B.A.S.S. will take groups of children on half-day fishing excursions and through the Pueblo Fish Hatchery. Children will

be bussed from Fort Carson to the site. Lunch will be provided by GMH Military Housing.

For more information or to sign up, contact Mark Browning, outreach coordinator for GMH Military Housing, at 576-3198 or e-mail mbrowning@gmh-inc.com.

MySoldier.com offers way to support troops — MySoldier.com has created “five simple ways to show patriotic support.” They include: Go to www.mysoldier.com to register for the My Soldier program and adopt a Soldier who could use a pen-pal friend; encourage children or students to spend their summer vacation crating a meaningful pen-pal relationship; join the program as a family; wear the free, red “My Soldier” bracelet mailed to you by sending a self-addressed, stamped envelope to show your support; and submit the name of an active Soldier who would like to be adopted through the Web site link. For more information on the program, visit the Web site at www.mysoldier.com.

Veterans’ Home Run — Pikes Peak Road Runners will host its first Computer Sciences Corporation Veterans’ Home Run July 2 at 7 a.m. in Memorial Park (Prospect Lake). The race is being held to bring awareness and support to the Colorado Veterans Coalition’s Crawford House. This five-kilometer run/three-kilometer walk is open to all. Registration forms can be found at local running stores. The Colorado Veterans’ Coalition is a Colorado Springs-based, nonprofit organization that operates the Crawford House to serve southern Colorado veterans who are struggling with serious life issues by providing them with a supportive living environment.

Women’s Equality Day workshop — A Women’s Equality Day workshop, “Honor the Past, Seize Today, Design Your Destiny,” will be held Aug. 14 from 8 a.m. to 4 p.m. at the Elkhorn Conference Center. A free information fair will be held throughout the day. Cost is \$13 per person. Lunch choice includes vegetarian, roast beef or turkey sandwich. Payments must be received by Aug. 7. For more information or to register call 526-0864/5818 or e-mail Barbara.Dowling@carson.army.mil or Patricia.Rosas@carson.army.mil.

AFGE, Fort Carson work in partnership — The Department of Defense issued a policy that mandated the use of hands-free devices on cell phones while driving on federal installations. However, in an effort to enact this safety policy, prior to implementation, the agency (Fort Carson) and the union must complete federally mandated negotiations on the impact to bargaining unit employees on Fort Carson. This process is on going.


The union and management are concerned for the safety of all employees and strongly encourage the use of hands-free devices. If you do not have a hands-free device, pull your vehicle to the side of the road to complete your phone call. The life you save may be your own.

Armed Forces Bank hours — Beginning Saturday, the drive-up services at Armed Forces Bank will change to Monday-Friday 8:30 a.m.-5 p.m., closed Saturday and Sunday. Other services remain unchanged.

Teen Scene at EACH — Teenage mothers and moms to be are invited to a program at Evans Army Community Hospital. There will be “how to” classes, field trips and games. The group meets the second Wednesday of the month in the third floor conference room at EACH. Call Rhonda Tulensa at 526-7030 or Carissa Sullivan at 526-7090.

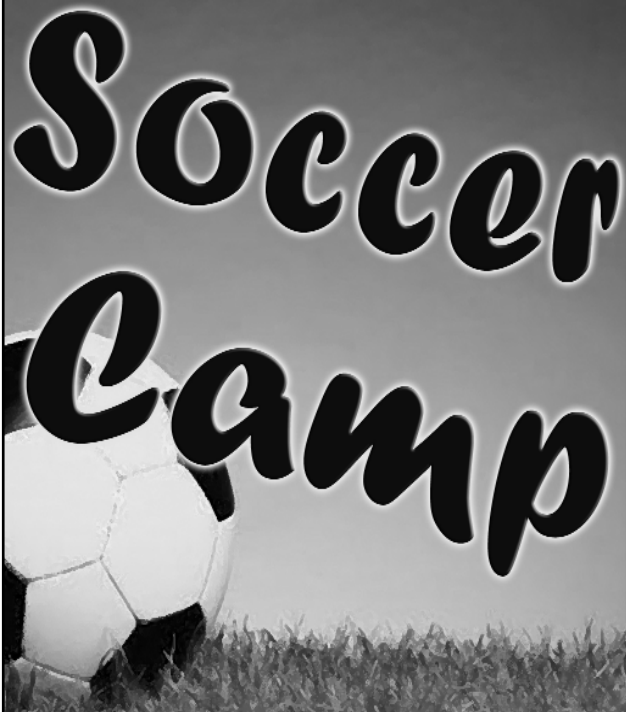
5th Bn, 7th Cav reunion — The 5th Battalion, 7th Cavalry Association hosts its biennial reunion July 30-Aug. 6 in Colorado Springs at the Academy Hotel. For information call Garry Owen at 390-3684.

Risk Communication Workshop — An introductory risk communication workshop will



Army Community Service
Family Readiness Center, Bldg 1526
TEL: (719) 526-4590

Exceptional Family Member Program (EFMP)



Soccer Camp


Co-sponsored by ACS EFMP and the National Sports Center for the Disabled

Friday, July 7

8:30 A.M. to 3:30 P.M.

Soccer Field

(West of Forrest Fitness Center)



Open to all EFMP enrolled or qualified families. All families attending soccer camp must pre-register. For more information, contact the EFMP office, (719) 526-4590.

be held Aug. 22-24 at Embassy Suites Hotel in Colorado Springs. Register online for this event at <http://chppm-www.apgea.army.mil/risk> or e-mail Suaquita.Perry@us.army.mil. Call (440) 436-4936 for more information.

Post Traumatic Stress help — “LZ Calvary” is a small group Bible study and support group for veterans experiencing the effects of post traumatic stress disorder. Join a group of veterans who are experienced in combat-related problems and who have successfully dealt with the memories and effects of combat as we work through PTSD-related problems through the study of God’s word, fellowship and group discussion. Meetings are held Mondays at 10 a.m. at Grace Brethren Church, 2975 Jet Wing Drive. Call Robert P. Schaffer at 390-8096 or 510-6009 for more information.

Alcoholics Anonymous — Alcoholics Anonymous meetings are held at Soldiers’ Memorial Chapel Wednesdays at 7 p.m. For more information call 322-9766.

Claims against the estate — Anyone having claims against or indebtedness to the estate of Pfc. Grant A. Dampier, deceased, should contact 2nd Lt. Jared W. Souder at 330-3547.

- Anyone having claims against or indebtedness to the estate of Pvt. Laurie K. Boylston, deceased, should contact 2nd Lt. Jonathan T. Baker at 524-4745.

- Anyone with claims against or indebtedness to the estate of Cpl. Brock L. Bucklin, deceased, should contact 1st Lt. Nathaniel Hagen at 330-3835.

Remember, respect our nation's flag

**Commentary by Chap.
(Capt.) Ted Highhouse**

2nd Brigade Combat Team

Every year on June 14 we recognize what is deemed National Flag Day.

To many Americans, the flag has special, symbolic and emotional meaning. To others, while no disrespect may be intended, the flag means very little to them other than the fact that it is a piece of cloth that we, as Americans, call our national flag. Whichever perspective one may hold towards the flag, the flag cannot help but draw attention, especially during times of political debate, wartime and peace.

The flag seems to possess within itself a magnetic power that draws either the enamor or the disdain of the people of the world.

Perhaps revisiting the historical past of how Flag Day came to be will help to renew our perspective about what makes the flag such an inescapable image in society today.

On June 14, 1889, George

Balch, a kindergarten teacher in New York City held ceremonies to honor the flag with the children of his school. His idea evolved and developed momentum rather quickly as the State Board of Education of New York adopted June 14 as Flag Day. The following year, the New York Society of the Sons of the Revolution celebrated Flag Day.

On April 25, 1893, the Pennsylvania Society of Colonial Dames followed the recommendation of Col. J. Granville Leach (historian of the Pennsylvania Society) to create a resolution that requested the mayor of Philadelphia and all citizens and those in positions of authority to display a flag June 14. Only two weeks later, on

May 8, the Board of Managers of the Pennsylvania Society Sons of the Revolution gave unanimous support towards the action of the Pennsylvania Society of Colonial Dames.

Because of the resolution, Dr. Edward Brooks, then superintendent of Public Schools of Philadelphia, deemed that Flag Day assemblies should be held June 14, 1893. During these assemblies, children were given small flags to

carry, and they sang patriotic songs together, with addresses included into the events.

In 1894, the governor of New York resolved that the flag would be placed on display in every public building on June 14. During the same year, the American Flag Day Association was organized to coordinate Flag Day ceremonies.

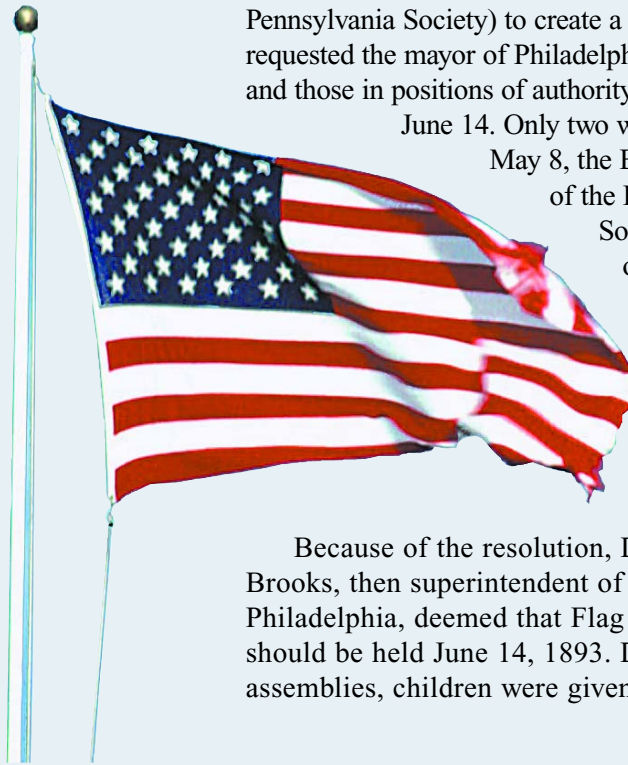
On May 30, 1916, President Woodrow Wilson proclaimed the official establishment of the anniversary of the Flag Resolution of 1777. However, it was not until Aug. 3, 1949, that President Harry Truman signed an act of Congress designating June 14 as National Flag Day.

When I consider the historical perspective behind Flag Day it seems apparent to me that we often dismiss the things we ought to appreciate, such as taking one day to remember our flag.

While the flag may hold different meanings to different people, I believe that it commands our respect simply for the very principles it represents. The principles I believe it represents are freedom, democracy, liberty, justice, courage, valor, sacrifice, honor and unity.

We are one United States of America, and our flag represents the very ideals, values and virtues we hold true as Americans and in which many have died to protect.

To remember our flag is to simply lend our respect towards the symbols it represents, and the way of life we are able to freely enjoy because of it.



Chapel

Catholic religious education — The Catholic Religious Education process will begin Sept. 10. Registration forms will be available at Soldiers' Memorial Chapel in the library in August. For more information contact Pat Treacy at 524-2458.

Catholic faith information classes — Inquiry sessions will begin July 17, 8 a.m. at Soldiers' Memorial Chapel. Adults who are interested in becoming Catholic and those who want to learn more about the faith are encouraged to attend. Call Pat Treacy 524-2458 or Chap. (Col.) Richard Goellen at 526-5769.

Fiesta Vacation Bible School — VBS will be conducted at Soldiers' Memorial Chapel June 12-16, 9 a.m.-noon. Registration is currently closed. Parents may put their children's names on a waiting list. For details call Amy West at 337-7399. Fiesta Vacation Bible School is for children age 4 through sixth grade. Parents are invited to join in the fun.

Calling all volunteers — Volunteers are needed for chapel programs. Contact Dennis Scheck at 526-5626.

Catholic Women of Fort Carson — Catholic Women of Fort Carson will meet several times monthly beginning in September. Free childcare is available. New officers are also needed. For more information call Chap. (Col.) Richard Goellen at 526-5769.

Choir members sought — New singers wishing to sing with the choir at Mass may come prepare with the choir during the following times: Saturday, meet at 4:15 p.m. for 5 p.m. Mass; Sunday, meet at 8:15 a.m. for 9:15 a.m. Mass. For more information call Kathy Jewell at 268-1835.

Chapel Schedule

ROMAN CATHOLIC

Day	Time	Service	Chapel	Location	Contact Person
Mon., Wed., Fri.	noon	Mass	Healer	Evans Army Hospital	Fr. Gagliardo/526-7412
Tues., Thurs.	noon	Mass	Soldiers'	Nelson & Martinez	Chap. Goellen/526-5769
Saturday	5 p.m.	Mass	Soldiers'	Nelson & Martinez	Chap. Goellen/526-5769
Sunday	9:15 a.m.	Mass	Soldiers'	Nelson & Martinez	Chap. Goellen/526-5769
Sunday	10:30 a.m.	CRE	Soldiers'	Nelson & Martinez	Pat Treacy/524-2458
Sunday	11 a.m.	Mass	Healer	Evans Army Hospital	Fr. Gagliardo/576-7412
Sunday	11 a.m.	Mass	Provider	Barkeley & Ellis	Chap. Goellen/526-5769
Tuesday	7 p.m.	RCIA	Soldiers'	Nelson & Martinez	Pat Treacy/524-2458
Saturday	4 p.m.	Reconciliation	Soldiers'	Nelson & Martinez	Chap. Goellen/526-5769

PROTESTANT

Sunday	9 a.m.	Protestant	Healer	Evans Army Hospital	Chap. Kincaid/526-7387
Sunday	9 a.m.	Protestant	Provider	Barkeley & Ellis	Chap. Meeker/526-3711
Sunday	11 a.m.	Protestant	Soldiers'	Nelson & Martinez	Chap. Deppmeir/526-8011
Sunday	11 a.m.	Prot./Gospel	Prussman	Barkeley & Prussman	Chap. Borden/526-4206
Sunday	9:30 a.m.	Sun. School	Prussman	Barkeley & Prussman	Chap. Borden/526-4206
Sunday	9:30 a.m.	Sun. School	Soldiers'	Nelson & Martinez	Dr. Scheck/526-5626
Tuesday	9 a.m.	PWOC	Soldiers'	Nelson & Martinez	Chap. Deppmeir/526-8011
Sunday	11 a.m.	Contemporary	Veterans'	Magrath & Titus	Chap. Züst/526-8890
Tuesday	7 p.m.	PYOC	Soldiers'	Nelson & Martinez	Ms. Scheck/231-9511
Sunday	9 a.m.	Samoan	Veterans'	Titus	Deputy office/526-3888

JEWISH

For information and a schedule of Jewish Sabbath services, call the U.S. Air Force Academy Cadet Chapel at 333-2636.

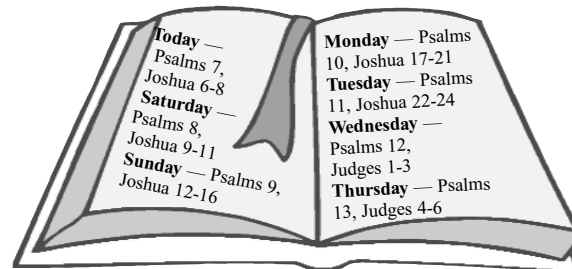
WICCA

Monday	6:30 p.m.	bldg 4800, corner of Harr and O'Connell	Rhonda Helfrich/338-9464
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NATIVE AMERICAN SWEATLODGE

Native American Sweatlodge ceremonies (He Ska Akicita Inipi) are offered to military dependents and Department of Defense personnel for traditional prayer and purification. Fasting before the ceremony is recommended and refreshments are offered following the ceremony. Please call the following for information and directions: Michael Dunning 382-5331 or 330-9537, or Zoe Goodblanket 442-0929.

Daily Bible readings: To assist in regular scripture reading, the following scriptures are recommended. These scriptures are part of the common daily lectionary, which is designed to present the entire Bible over a three-year cycle.



The Army Cycle of Prayer — Please pray this week for the following:

Unit: For the Soldiers and leaders of the 25th Infantry Division (Light), headquartered in Hawaii, forward deployed in support of Operation Enduring Freedom.

Army: For the Soldiers, noncommissioned officers and officers of the Ordnance Corps. Pray for them in their mission of supporting combat operations and response to diffuse potentially harmful situations.

State: For the Soldiers and families from the state of New

Jersey. Pray also for Gov. James E. McGreevey, the state legislators and municipal officials of the Garden State.

Nation: For the Secretary of Education, Rod Paige. Pray for the furtherance of quality education available to all children and youths.

Religious: For all Soldiers and families from The North American Baptist Conference. Pray also for military chaplains endorsed to serve on behalf of this community of faith. For more information on the Army Cycle of Prayer visit the cycle's Web site at www.usarmychaplain.com

Motorcycle clubs promote safety

U.S. Army Forces Command

FORT McPHERSON, Ga. — United States Army Forces Command has lost 14 Soldiers to motorcycle accidents so far this fiscal year, and the Army has lost a total of 28 Soldiers. The Army wants to reduce that number.

Gen. Dan McNeill, commanding general of FORSCOM, discussed this issue recently. “It is heartbreaking every time I read a report about the loss of a Soldier from a needless motorcycle accident. Every Soldier, every member of the civilian workforce, and every family member is an important part of the FORSCOM team and we can’t get the job done without you.”

Fort Rucker’s Combat Readiness Center has the mission to promote safety in the Army. Their Driving Task Force studies ways to improve safety on installations and lower the number of motorcycle accidents.

One way that CRC is doing this is by taking a successful program that the Air Force has already implemented and painting it green. The program is called the Motorcycle Mentorship Program. Air Force officials credit the MMP with cutting the number of motorcycle accidents in half since 2004.

The program’s mission is to establish a community-based approach to rider education and skill development. This is done by endorsing the creation of motorcycle clubs that operate as private organizations on installations.

Motorcycle clubs can increase safe riding by pairing experienced riders with inexperienced riders.

Although in the early stages of development, the MMP has generated a considerable amount of interest among motorcycle enthusiasts. Walt Beckman of the CRC Driving Task Force estimates that he has received 400 to 500 calls and e-mails in the last couple of months about the program. He believes the program will be effective because “it fosters an atmosphere of unity and safe riding and opens the lines of communication between the clubs and the installation safety offices.”

The CRC motorcycle mentorship program is currently going through a preliminary planning and

testing phase which began March 10 and will run through Sept. 30.

Nine installations have been designated as Beta Testing locations, five of which are home to FORSCOM major units.

Fort Sam Houston, Texas, is not one of the installations in the test; but The Rough Riders motorcycle club has already adopted the measures of the MMP. The club is recognized as a not-for-profit organization by Fort Sam Houston and the U.S. Army. James Stubblefield is the president of the Rough Riders and has paired new bike riders with veteran riders and has noticed an immediate impact.

“We have six new riders who have really improved their riding. They see the way we do things around here and have become very safe and responsible riders, too,” said Stubblefield. Club leaders make sure that their members are up to date with their motorcycle safety training, and meet weekly to discuss club issues such as safety and to organize the many bike runs and community events they participate in.

The club has a diverse membership; anyone can join including active duty, retirees, and civilians. They get together often for barbeques and other events that promote unity, fun and goodwill among the members.

The Rough Riders are a strong example of how a motorcycle club can support local communities and save lives by improving responsible and safe driving.

If you would like to learn how to start a club or align your existing club with you installation, call the safety office at 526-2123 or visit the www.crc.army.mil to express your interest.



231st Army Birthday Ball cause for celebration

by Heather McCann

Directorate of Morale, Welfare and Recreation

*¡Feliz Cumpleaños!
Alles Gute zum Geburtstag
Happy birthday*

In any language, it's cause for celebration. On June 17, Fort Carson will commemorate the Army's 231st Birthday at the Sheraton of Colorado Springs, 2886 S. Circle Drive. The festivities get under way at 5:30 p.m.

The theme for this year's ball is "7th Infantry Division and Fort Carson: Serving our Nation at War and Preparing for the Future." Maj. Gen. Robert W. Mixon Jr., 7th Infantry Division and Fort Carson commanding general, said the Army Birthday Ball offers Soldiers a perfect opportunity to reflect on the Army's storied past, to honor the challenges of today and look with confidence to the future.

"This is the heart of our culture. The Army Ball is the representation of who we are as a profession ... as an organization. This is how we celebrate the greatest Army on the face of the earth!"

Mixon pointed out that, while the Army Birthday Ball historically is enjoyed by Soldiers of all ranks, it pays special homage to the backbone of the Army, the young enlisted, and also to the families who've kept the home fires burning during increased operation tempo.

"This year, particularly, we are reaching out to our young noncoms (noncommissioned officers)," said Mixon. "We're also working hard to connect with the families of deployed Soldiers, to make sure they know they are welcome; families from 3rd Heavy Brigade

Combat Team, the 43rd Area Support Group, 10th Special Forces, and others whose Soldiers are overseas. This is a way for us to honor them."

The guest speaker is Adm. Timothy Keating, Commander, North American Aerospace Defense Command and U.S. Northern Command at Peterson Air Force Base. Mixon said the choice was obvious.

"Our outreach this year extends across the community, even into other branches of service," said Mixon. "Admiral Keating is a tremendous leader. In my opinion, he's one of the greatest leaders of our time."

With 231 candles, NORAD probably will be able to spot the official Army birthday cake from space. Command Events Manager Becky Bayer-Hughes said, like everything else about this year's ball, the cake promises to be something special.

"In years past," explained Bayer-Hughes, "the official cake was something we simply ordered from a bakery. But this year, it's going to be baked in-house, by three of our very own Soldiers, all specially-trained in the culinary arts."

Bayer-Hughes said there are other unique aspects to this year's ball.

"Without giving too much away, you should know that there will be a special message delivered from our Soldiers in theater," she hinted. "And, the band this year, 'Jump Start,' covers just about any type of music you can imagine: rock'n' roll, blues and country. It's a real fun, upbeat group. Their lead singer does all the national anthems for the major sports teams in Denver. There'll be something for every taste."

Perhaps most important this year, said Bayer-Hughes, is the addition of commemorative battle

streamers to the U.S. Army flag.

"It's not every day that new streamers are added," she said. "This year, we're placing the Afghanistan, Iraq and Global War on Terrorism battle streamers. Right now, junior enlisted Soldiers are being specially selected to accomplish this honored task."

Bayer-Hughes said a dedicated staff of more than 30 active-duty Soldiers and Department of the Army civilian employees have worked countless hours to ensure the success of this year's ball.

"We've even worked out a deal with the Sheraton on room rates," she said. "You can make it an extra special evening and just stay the night after the ball. You can relax, really let your hair down, and enjoy yourself and still be responsible."

The menu features mixed garden greens with mozzarella cheese balls and roasted red peppers, raspberry sorbet, black angus tenderloin with maitre D' butter or mushroom cap/grilled chicken marsala, garlic whipped potatoes, green beans, assorted dinner rolls, Milky Way delight cheesecake, fresh brewed coffee, hot tea and iced tea. A cash bar also is available.

A photographer will be on hand, and pictures are "cash and carry," ready by the end of the evening.

"This is an event you just don't want to miss," said Bayer-Hughes. Mixon agreed. "Last year's event was super; and this year's is going to be even better. We're really planning an evening to remember for our Soldiers and their families."

Tickets are \$35 per person, and can be purchased through your unit Army Ball liaison or by calling 526-3932.

Consumer options for sustainable products grow

by **Susan C. Galentine**

*Directorate of Environmental Compliance
and Management*

Shopping is becoming even more complicated, but in a good way. When selecting products, buyers have numerous brands to choose from and now have growing options in terms of environmentally-preferable purchases.

Environmentally-preferable purchases include how products are made, what they are made of, how they are distributed and whether or not they are recyclable. These eco-friendly products fall into markets including alternative fuels, organic food, recycled-content paper to water and energy efficient washers. Consumers can use their purchasing power to use natural resources in a more cost-effective, efficient and less polluting manner. Another way to put it is, consumers are sustaining resources for the future as well as preserving the environment by minimizing impacts from materials extraction and end-use waste.

The U.S. Environmental Protection Agency defines environmentally-preferable purchases as those that “have a lesser or reduced effect on human health and the environment when compared with competing products or services that serve the same purpose.”

Fort Carson, as part of its sustainability program, has a number of goals that tie in to environmentally preferable purchasing and has some fledgling initiatives to move beyond basic federal purchasing requirements such as using 30 percent recycled-content copier paper.

The Directorate of Environmental Compliance and Management, Business and Administrative

Services Team, is tackling affirmative procurement, a subcategory of environmentally preferable purchasing geared toward the practice of buying goods made with recycled materials in the high-volume area of paper use.

A large part of the waste generated on post is white office paper, and at the DECAM alone, about 40,000 sheets of paper are used monthly. The DECAM BAST began a three-month pilot test in April to develop a mechanism to track, reduce and recycle the amount of white office paper used. If successful, the plan could serve as a model for other Fort Carson organizations and will provide a boost toward achieving Fort Carson’s goal to reduce waste. The three desired outcomes of the test period are:

- Reduce the amount of paper purchased by 10 percent as compared to an average of paper purchased within the last year.
- Increase the percentage of recycled-content in paper used in DECAM printers.
- Increase the amount of white paper recycled by 20 percent as compared to an established base line.

The DECAM staff has committed to increased printing on both sides of paper when possible, are testing the use of various percentages of recycled-content paper in printers and are pushing for recycling all white paper, which will be weighed and tracked during the three-month test period.

Another way Fort Carson is practicing environmentally-preferable purchasing is by investing in more energy efficient, high-quality washers in its barracks. The Directorate of Logistics purchased 224 Energy Star rated washers

for the 14 newly-renovated rolling-pin barracks. The front-loading washers installed at the barracks use less water and energy and have had virtually no maintenance costs to date.

For appliances to receive the Energy Star rating, they must meet energy efficiency criteria established by the U.S. Environmental Protection Agency and U.S. Department of Energy. According to Energy Star, some of the benefits of investing in qualified washers include:

- Less energy use (using up to 50 percent less energy when compared to standard washers).
- Water savings (using only 18-25 gallons of water per wash load compared to up to 40 gallons of water used by a full-sized, standard wash machine).
- Reduced wear on clothing (extracting more water from clothes during the spin cycle, which reduces drying time, saves energy and reduces wear and tear on clothing).
- Capacity for larger loads (front loaded Energy Star models have no agitator, which provides more laundry washing capacity).

The trend for more environmentally-friendly products is spreading into more consumer, business and government sectors of the economy, which will make these products more affordable, increase viable alternatives, and move society from disposable consumption to sustainable use of goods and services.

For more information visit the Energy Star Web site at www.energystar.gov/index.cfm?c=appliances.pr_appliances.

For more information about environmentally preferable purchasing, call the sustainability planner at 526-9777.

One in 5 Americans develop skin cancer

by **Susan Huseman**

Army News Service

Skin cancer affects one in five Americans, with more than 1 million new cases diagnosed each year, according to the American Academy of Dermatology.

Carlos Harris, a 67-year-old retired first sergeant and skin cancer survivor, knows firsthand about the effects of overexposure to the sun. He is being treated for basal cell carcinoma.

Harris has had three surgeries to remove cancerous growths. His forehead and left temple are scarred, and where the skin and underlying tissue were surgically cut out there are now depressions.

"I was 30 when I started to get these spots on my face. They started to turn brown, got infected and scabbed over," said Harris.

The scabs came and went, but the brown spots stayed. Finally, Harris went to a doctor and was diagnosed with skin cancer. He currently receives cryotherapy treatments, by which the cancerous cells are frozen and killed.

"I will have to use medication for the rest of my life," said the fair-skinned Harris. He will also have to avoid the sun.

Skin cancer can occur anywhere on the body, but is most common where the skin gets the greatest exposure to sunlight — face, neck, hands and arms.

There are three types of skin cancer, said Dr. (Maj.) Juan Pico, an internal medicine physician at

the Hanau (Germany) Health Clinic.

"The most common is basal cell skin cancer. It is usually seen on sun-exposed areas of the body. You can notice it by the shiny, pearly white border around the skin lesions," he said. It is highly treatable when caught early, and preventable with sun block.

The second most common type is squamous cell skin cancer.

"It is usually found on the face, and in and around the mouth. A lot of dental professionals find this type of cancer in people who use smokeless tobacco," Pico said.

The most malignant skin cancer is melanoma, which becomes visible as moles darken and the borders become irregular.

"There may be different shades of color within the same mole. This lesion is more dangerous because it has the ability to metastasize and spread to other organs. But it can be treated if caught early," he said.

Fair-skinned people are most vulnerable to skin cancer, as are those who had sunburns at an early age or a family history of skin cancer.

The best defense against skin cancer, Pico said, is sun safety. Wide-brim hats, long sleeves and sun block with an SPF 15-30 is best.

High-risk people should use an SPF of 30-45,

applying frequently if swimming or sweating.

Pico also recommended avoiding the noonday sun, but cautioned that sun exposure occurs even on cloudy days.

"There's a popular misconception that if the day is not sunny you won't be exposed to harmful UVA/UVB rays. Not true," said Pico, "especially for those with blond or red hair, fair skin or freckles.

UVA rays tan skin; UVB rays are stronger and cause burns. Both are harmful and can lead to skin cancer, which is why people should avoid tanning beds, he said.

People with multiple or changing moles should see a dermatologist once a year to monitor and biopsy any suspicious moles.

"Definitely any mole that is getting bigger or changing should be brought to the attention of your primary care physician," said Pico.

While some people are willing to brave the risks of cancer to achieve a tan, Harris said "looking good" doesn't keep the cancer at bay.

"It's a mistake to lie out in the sun or go to these tanning salons or use a sun lamp.

"You have to take care of what (skin) you have," he said.



Harris

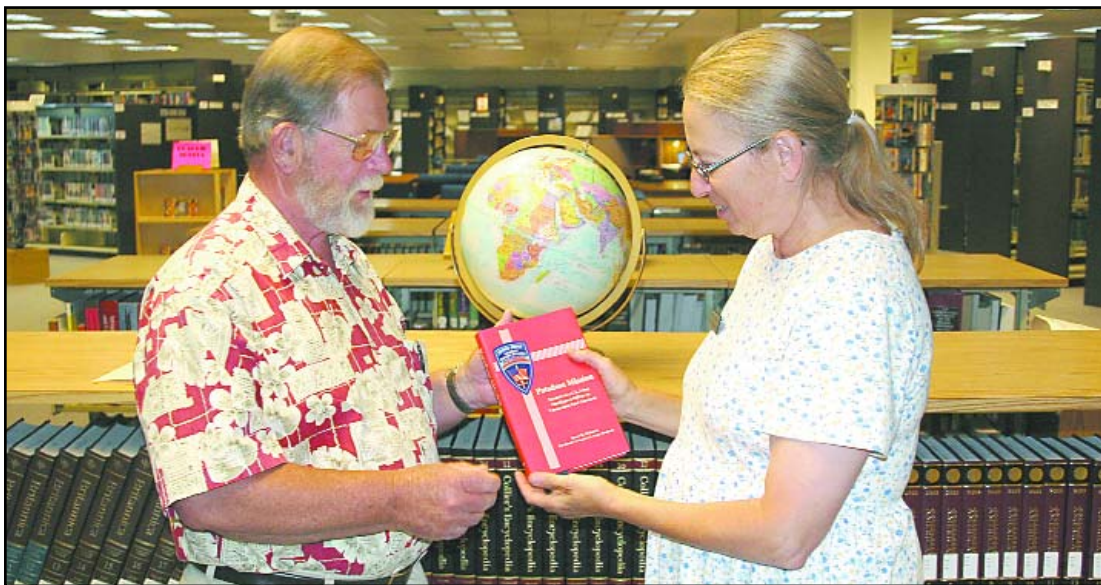


Photo by Sgt. Clint Stein

Passing a book

Lt. Col. (retired) James R. Holbrook, left, gives Nadine Salmons, librarian, his recently published book "Potsdam Mission" as a donation to Grant Library. Holbrook will have a book-signing at the post exchange Monday-June 17 where his book can be purchased. Holbrook's book is a memoir of his time spent from 1976-1977 as an intelligence officer in communist East Germany.

Pikes Peak MOAA sponsors annual golf tournament

Military Officers Association of America

The Pikes Peak Chapter, Military Officers Association of America, sponsors its 2006 MOAA Mountain Classic golf tournament June 19 from 8 a.m.-1 p.m. at Cheyenne Shadows Golf Course.

The tournament is co-sponsored by The Retired Enlisted Association of America and the Association of Space and Missile Defense of America.

Proceeds from the event will help support Operation Home Front Cares, Fort Carson Military Memorial Center and Peterson Air Force

Base Museum Foundation.

Entry fee is \$75 per person or \$300 for teams. Current MOAA members pay a reduced fee.

Fees include green fees, cart, goody bag, prizes and a lunch which follows the event at 1:30 p.m.

The tourney is a four-person scramble (mixed team under Peoria Handicap System). Check in begins at 7 a.m. with a shotgun start at 8 a.m.

To register call Tom Skinner at 359-6863 or Tom Daschbach at 331-0108.

Cheyenne Shadows Golf Course is located on Fort Carson near Gate 5 off of Highway 115.



Challenge courses are taught at the Alpine Climbing Tower at Fort Carson's Outdoor Recreation Center. There's also a climbing wall.



Bikers ride past the Royal Gorge Bridge on a sunny Sunday.



Two soccer teams play a Saturday game in Colorado Springs' Boddington Park.

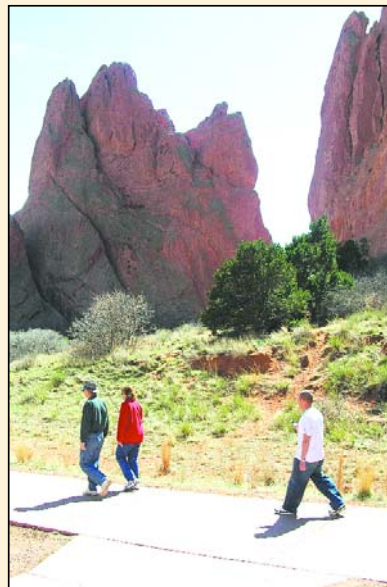


Rafters enjoy the white water on the Arkansas River near Royal Gorge. The Arkansas River is one of the nation's most popular white-water rafting sites.

Layout by Jeanne Mazerall



Farish Recreation Area is open to Soldiers. Fishing is one of many outdoor activities available.



Hikers walk on a trail in the Garden of the Gods park in Colorado Springs.



A youth group enjoys a horseback ride through the trees at Turkey Creek Ranch.

Summer Activities

A wide variety of outdoor activities are available during Colorado summers

Photos and story by Nel Lampe
Mountaineer staff

Colorado is well known for its outdoor activities and scenic beauty.

Summer skies are sometimes bright blue, punctuated with bright white clouds and snow-capped mountain ranges on the horizon. Rock formations and miles of trails beckon.

Clear, silvery lakes call out to anglers while white-water rapids entice kayakers and rafters. Natural hot springs attract swimmers, forests are thick with evergreen and aspen trees and hundreds of campsites await.

The Garden of the Gods and Pikes Peak attract runners from around the world.

And right here on post is the key to many of those activities – the Outdoor Recreation Center. Combine first class programs available at Outdoor Rec with the post's location in scenic Colorado, and it shouldn't be a surprise that Fort Carson is one of the most requested assignments in the Army.

The climbing tower and alpine climbing wall are two jewels of the outdoor program.

Soldiers and family members can learn to rappel or rock climb in classes provided by Outdoor Rec staff. Take a white-water rafting trip with Outdoor Rec providing all the equipment as well as transportation.

Learn to kayak or ride a mountain bike; Outdoor Rec provides the kayak or bike.

Learn where to fish on post and buy the permit at Outdoor Rec. There are hiking and guide books available.

And if you don't have camping or fishing equipment, rent it from the Mountain Post Outfitters.

Available are A-frame campers, cots, sleeping bags, camp stoves and even coolers. Rod and reel combinations are available, as are water ski boards. Rent a bike rack, mountain bike and helmet. Call 526-1993 for questions about rental equipment or to reserve equipment. Hours are 8 a.m.-6 p.m. Tuesday through Friday, and 8 a.m.-1:30 p.m. Saturday. Outdoor Rec is at bldg 2429, call 526-5366.

Colorado has 41 state parks that can be utilized for a \$5 daily fee and several are within 60 miles, such as Lake Pueblo State Park, Mueller State Park, Eleven Mile State Park and Spinney Mountain State Park. Cheyenne Mountain State Park is presently under construction across from Gate 1, and should be open later this year. For information about state parks, go online at www.parks.state.co.us.

There are opportunities on post as well. Go hiking or biking on the post jogging trail; fish in one of the post reservoirs.

Or take a trail ride or go camping at Turkey Creek Ranch.

The outdoor swimming pool is heated, has two diving boards and is open daily from 10 a.m.-5:45 p.m. Admission is \$4 for anyone 17 and older or \$3 for ages 5-16. Children 4 and younger are admitted free. Save money by buying a family or individual pool pass.

Summers are beautiful in Colorado, but are quite short. Outdoor fun awaits and time's a wasting.



A jogger runs through Memorial Park in Colorado Springs.



Children head for the distant sand dunes with snow slides and saucers.



Out & About

June 10 -16, 2006

Proudly Brought to You by Your Fort Carson Directorate of Morale, Welfare and Recreation
Visit us at www.ftcarsonmwr.com

Celebrating the 231st Army Birthday Ball



Tickets are available
through your unit
Army Ball liaison
or call 526-3922

17 June 2006 ★ 5:30 p.m. ★ Sheraton

Colorado Springs Hotel
2886 South Circle



7th Infantry Division and Fort Carson
"Serving our Nation at War and Preparing for the Future"



THE FOURTH ON THE THIRD



★ an independence day celebration ★

CELEBRATE AMERICA'S 230TH BIRTHDAY WITH OUR TROOPS OVERSEAS



July 3rd, 2006

- ★ Location: Iron Horse Park
- ★ Gates open at 4 p.m.
- ★ Fireworks at 9:30 p.m.
- ★ FREE & open to the public
- ★ Remember lawn chairs & blankets!

It's as American as apple pie! Come celebrate Independence Day a day early at historic Fort Carson.

There'll be live entertainment, music, great food, games and fun: something for all ages.

Cap off the perfect evening with a spectacular fireworks display, choreographed to your favorite tunes.

Here we "Grow" Again!

Please join Fort Carson Child and Youth Services as we celebrate the Grand Opening of the Southwest Child Development Center and hold Ribbon Cutting Ceremonies for the North and Southeast Child Development Centers.

26 June 2006

Grand Opening: 9 a.m.
Southwest Child Development Center
(Building 7790)
Titus Boulevard (near Gate 5)

Ribbon Cutting Ceremony: 11 a.m.
North Child Development Center
(Building 4355)
Funk Avenue (near Gate 3)

Ribbon Cutting Ceremony: 1 p.m.
Southeast Child Development Center
(Building 2765)
Womack Avenue (near Gate 20)

For more information, please contact CYS
Central Registration (Building 5510) at
526-1100 or 526-1101



FAMILY CARNIVAL NIGHT

AT THE ELKHORN

16 JUNE 2006
5PM - 8PM

OPEN TO EVERYONE

12 AND OVER \$8.95
6 - 11 YRS. \$4.00
5 AND UNDER FREE!!!

PRICE INCLUDES:

FAMILY BUFFET, CLOWNS, PONY RIDES, FACE PAINTING
COOKIE DECORATING, MAGICIAN, BALLOON ART, KIDS GAMES
AND MUCH, MUCH MORE



Water World's 1.8 million gallon
Thunder Bay attracts a crowd.



A refreshing way to spend a hot summer day

Story and photos by
Nel Lampe

Mountaineer staff

Although Colorado is landlocked, there's water to be found at lakes or attractions across the state. Water World in Hyland Hills near Denver is one such place. There's plenty of water — four million gallons of it — filling wave pools, slides, rides and play areas on 64 acres of park. Water World is one of the nation's largest family water parks with more than 40 water attractions and is considered one of the top 10 water parks in the nation.

Water World started with just two water slides used by neighborhood residents. Run by Hyland Hills Recreation District, it has been expanded over the years and is open to the public.

The park is open only during the summer, and since it is staffed largely by high school students, the park's hours coincide with school schedules. The park is open through Labor Day weekend. However, only 80 percent of the park's attractions will be in operation Aug. 20, 26 and 27.

There's lots of green grass, trees and a park-like setting at Water World.

The 40 plus attractions are scattered about the large park and many of them offer thrills, splashes, waves and surprises; Water World even offers surfing.

Water World's "The Wave" has four six-foot pumps which propel water over a curved fiberglass form while riders on boogie boards ride the wave. The wave travels at 20 to 30 mph uphill with 20,000 pounds of thrust, generating 22,000 gallons of water per minute. The Wave was added to Water World in 1996, at a cost of more than \$1 million.

Water World had the first water-themed fun house; the world's first side-by-side simulated surfing wave, the world's first enclosed animated family tube ride and the highest and steepest speed slides outside Florida.

"Screamin' Mimi," added in 1982, is still one of the most popular rides in the park. Riders take a 100-foot sled ride and drop into a large water pool.

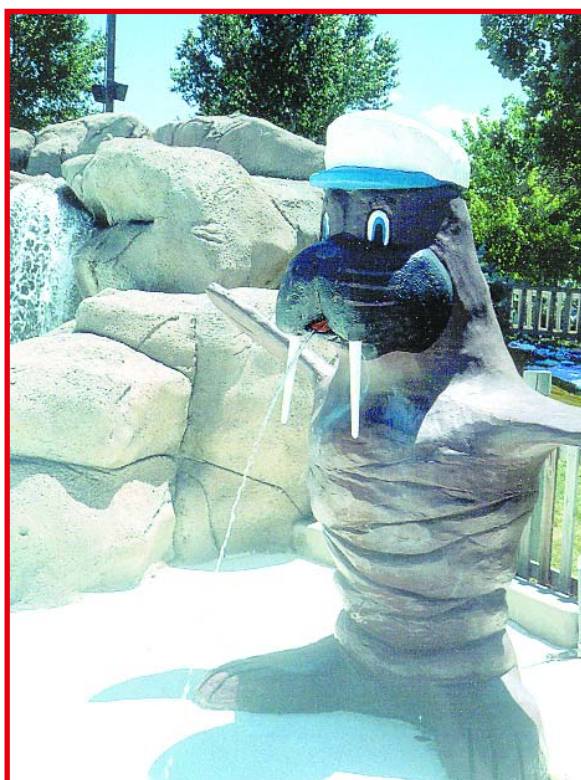
The park's 1.8 million-gallon wave pool, "Thunder Bay" is Water World's equivalent of an ocean.

The "Fun House Express" is a gondola ride which offers a great view of the park and transports visitors between attractions.

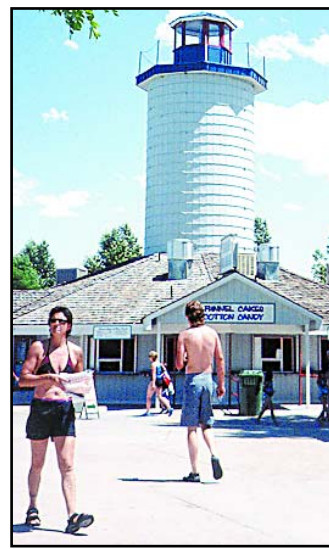
See **Water World** on Page 30



The Bermuda Triangle provides lots of thrills in its trio of twist and turn enclosed body slides.



Wally Walrus is in Wally World, built with the youngsters in mind: shallow water and tot-sized water attractions.



Places to see in the Pikes Peak area.

June 9, 2006

Hot Topics

Water World

From Page 29

“River Country” includes a variety of seven rides, including .75 mile of white-river water.

There’s “Burmuda Triangle,” a twisting, turning trio of enclosed flumes, one of which has a 60 feet drop off.

Water World’s “Lost River of the Pharaohs” was a unique ride in water parks when it was added in 1990. Lost River includes a 1,500-foot journey through an Egyptian-style pyramid. The ride features animated cobras, a mummy and a Pharaoh.

“Surfer’s Cove” includes a raft ride — “Tortuga Run,” corkscrew slides and a small pool.

The “Voyage to the Center of the Earth” is one of the most complex water rides ever and is considered one of the top five rides in the country. It is totally enclosed and animated. Riders raft through a mysterious, underground river through a bat cave and pass through hot springs and enter a lost world of animated dinosaurs.

“The Storm” is a unique experience, with thrills, surprises and a dark ride.

Other rides are the “Revolution,” “Thrill Hill” and “River Country.”

To relax from the thrill rides, take a ride down the “Lazy River.”

Water World is a family water park, featuring 11 attractions specifically designed for families or groups.

Young children enjoy Wally World, a part of the park built for them. They can play, slide and splash to their heart’s content on small-scale equipment. There’s water slides, geysers, waterfalls and tire swings. Everything is shallow and parents are only allowed on the rides with their children.

Children also like “Calypso Cove,” with the spinning bucket, slides and water falls. The Key Largo Café is nearby, one of seven food establishments in the park.

Snack bars serve burgers, chicken sandwiches, barbecue, pizza, nachos, funnel cakes and ice cream.

Or, visitors can bring in their own lunches from home, but alcohol or glass bottles are not allowed.

Whenever visitors become waterlogged, there’s 25,000 square feet of shade open to visitors and lots of umbrella-shaded tables are in the park.

Some 300 workers are on duty during a given day, which includes more than 100 lifeguards. The park also has two paramedics on duty.

Lockers may be rented to stow gear. There are all-day lockers which rent for \$8, or lockers that rent for 50 cents each time they are opened. Lockers are by the bathhouse and near Calypso Cove, the Fun House and Thunder Bay.

Tubes are furnished at many of the rides, but there’s sometimes a wait. But 2,000 tubes are available to rent. Tubes rent for \$5, or get the

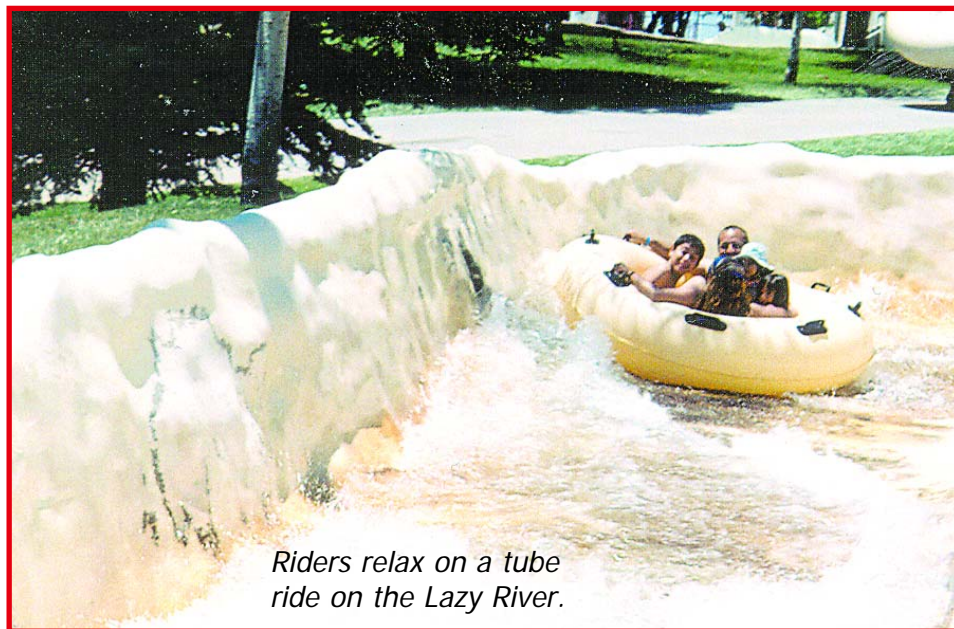
Lots of people relax on the grass and enjoy some rays.



Lines form for the more popular water attractions at Water World in the Denver area.

Just the Facts

- **Travel time:** just over an hour
 - **For ages:** all
 - **Type:** water park
 - **Fun factor:** ★★★★★ (Out of 5 stars)
 - **Wallet damage:** \$\$\$\$\$
- \$ = Less than \$20
 \$\$ = \$21 to \$40
 \$\$\$ = \$41 to \$60
 \$\$\$\$ = \$61 to \$80
 \$\$\$\$\$ = \$81 to \$100
 (Based on a family of four)



Riders relax on a tube ride on the Lazy River.

deal of three tubes for \$16, and a fourth thrown in for free. Life jackets are available if desired; there’s no charge but a deposit is required.

Water World is a water park, not an amusement park. Don’t expect roller coasters or circling rides. It’s just water and more water. And on a hot day, who needs more?

To reach Water World, take Interstate 20 to Denver, continue north of downtown about 10 miles. Take a left on West 84th Avenue, and go to Pecos St. The park is at 88th Avenue and Pecos St.

Parking is free at Water World.

The park is open from 10 a.m. to 6 p.m. daily during summer. Get an early start as the park may close when it rains — typically in

early afternoon in Colorado.

The park is open every day through Aug. 20. It is open again Aug. 26 and 27 and Labor Day weekend.

Entrance is \$28.95 for adults and \$23.95 for those up to 47 inches tall. Anyone younger than 3 years old and older than 60 is admitted free.

Safeway stores sell a package deal for \$94.95, which admits a family of four and a soft drink and personal size pizza each.

Other coupon deals are available at Dairy Queen, Wendy’s and Subway.

Or, purchase tickets at Information, Tickets and Registration.

For more information, call (303) 427-SURF or the Web site at www.waterworldcolorado.org.

Get Out!

Pikes Peak Center concerts

The Pikes Peak Center, 190 S. Cascade, has “Stomp” from June 13-18. “Tickets can be purchased at 520-SHOW.

The circus is coming

Ringling Bros. Barnum & Bailey circus, “The Greatest Show on Earth” is in the World Arena starting Wednesday through June 18. Show times are at 7:30 p.m. and daytime shows at 11:30 and 3:30 p.m., June 17-18. Tickets are \$13 and \$20, with a military discount for children’s tickets. Call 576-2626.

Rockies appreciate military

Coors Field has military appreciation days at selected Colorado Rockies games with the Pittsburgh Pirates in June; the Milwaukee Brewers in July and August, the New York Mets in August and the Washington Nationals in September. Call (303) ROCKIES to purchase \$6 tickets, identify yourself as an active military member or veteran and provide the reference number: 741532. There’s a \$2.50 service charge and tickets must be charged to a credit card. This offer is not available at Coors Field ticket windows. See the post Web site, www.carson@army.mil for information.

Free summer concerts

Beginning June 7 and every Wednesday through Aug. 23, there’ll be a free concert at 6 p.m. in America the Beautiful Park. The park is near Interstate 25 and Bijou Street, turn south on Cimino Drive. Concerts will be cancelled in case of rain. The June 14 concert is Phat Daddy and the Phat Horn Doctors.

Summer camps

Bear Creek Nature Center has a summer nature camp for children entering first-fifth grades, from 9 a.m.-noon. June 12-16, 19-23, 26-30, July 10-14 and July 31-Aug. 4. The fee is \$80; call 520-6387.

Fountain Creek Nature Center has sessions for first through fifth grades for June 5-9, July 17-21, July 31-Aug. 4, with sessions from 9 a.m.-3 p.m. Two sessions, June 12-16 and July 10-14, are from 9 a.m.-noon. Half day sessions are \$80; full-day sessions cost \$120. Call 520-6745.

Catamount Institute presents a variety of summer camps, including “The Keepers of the Water Camp” June 19-30, from 9 a.m.-5 p.m., and is for children ages 10-12. Another camp is “The Birds and Bugs Safari Camp,” July 24-28, from 9 a.m.-4 p.m., and is for ages 9-12. A “Wild About Wilderness Camp” is July 10-14, from 9 a.m.-4 p.m., for ages 9-12. Call Catamount Institute at 471-0910, ext. 105 or visit www.catamountinstitute.org.

Turkey Creek Ranch, a few miles south of the main gate, has a “Horse Kids’ Kamp” June 21-23, and again July 19-21. Call 526-3905 for information. The three-day camp is for youths

between 11-15 from 9 a.m. to 4 p.m. Lunch and snacks are provided. Children learn the basics of horsemanship; call 526-3905.

Springspre

The annual downtown Colorado Springs fest, “Spre” is June 17 from 9 a.m.-7 p.m. The fest will be in blocked off streets on Tejon, from Boulder to Costilla. It’s a free fest for the family, with entertainment, food vendors and lots of activities.

Medal of Honor photo exhibit

An exhibit of black and white portraits will be in the visitor center at the Air Force Academy until Wednesday, called “Visions of Valor.” It’s open to the public.

North Pole open

Santa’s Workshop at the North Pole is open for its 50th season. Half-price tickets are available with a coupon from the Web site Santas-Colo.com, making admission \$7.95 through June 30. The theme park is off Highway 24 West at Cascade.

Denver museum

“Body Worlds 2: The Anatomical Exhibit of Real Human Bodies” is in the Denver Museum of Nature and Science through July 23. This exhibit shows bodies without skin in a process called “plastination,” showing muscles and organs. Admission to the exhibit is \$10 but combination tickets are sold. Go online at www.DMNS.com or call (303) 322-7009. The museum is in City Park at 2001 Colorado Blvd.

Fountain

This unique fountain features Uncle Wilber and his tuba. Uncle Wilber performs through the beginning of September on the hour, Sunday-Thursday, 11 a.m. - 7 p.m. On Fridays and Saturdays, hours are 10 a.m. - 9 p.m. The Uncle Wilber Fountain is in Acacia Park in downtown Colorado Springs, at the corner of Bijou and Tejon streets. It's free. Visitors can park in the city garage on the corner of Bijou and Cascade.



Photo by Nel Lampe

Buster's Baghdad

by Maj. James D. Crabtree

WE'VE GOT ENOUGH ARMOR ON THIS HUMMER TO STOP ANY RPG, AND ENOUGH FIREPOWER TO WIPE OUT AN ENTIRE TERROR CELL. IF ONLY WE COULD FIGURE OUT A WAY TO MOVE IT...



SPORTS & LEISURE

Lady Mountaineers place second



Lady Mountaineer Connie Welch blasts a pitch to center field during action Saturday in Colorado Springs.



Lady Mountaineer player coach Cathy Satow, right, prepares to go after a throw that was too late to catch an opposing runner Saturday.

Story and photos by
Walt Johnson
Mountaineer staff

The Fort Carson Lady Mountaineers softball team continues to make waves in the Colorado Springs softball community as the team moved up in competition and finished second in the NIT tournament held Saturday at Skyview Softball complex in Colorado Springs.

Cathy Satow, Lady Mountaineers head coach, said she was extremely proud of the way her team responded to a challenge Saturday when it moved from its regular tournament action to a higher level and came within five runs of winning it.

"We have been working toward gaining the respect of the softball community for the past few years and I think we are there now. Victory was ours today, although in the tournament we placed second, the real victory was in gaining the respect of the Upper League teams, the tournament director and many spectators in the Colorado sports community.

"We have come a long way in the past few years. We previously played Silver Recreation tournaments and went to tournaments to lose two games and go home. Now we are holding our own in the Gold Recreation division and in tournaments even against Upper

Level softball teams in this state," Satow said.

In the first game of the tournament the post team defeated "A Swing and A Prayer" 17-7. Satow contributed the victory to "our awesome" defense and our steady, consistent hitting, especially from Monica Figueroa, Tasi Mafoe, Connie Welch, Dixie Roberts and Rachel Travis.

In the team's second game it defeated Noreaster 19-14. Satow said the defense was again outstanding. The offense was led by Kathy Idleburg, Figueroa, Mafoe, Maylen Gaspar, Michelle Skarr and Welch.

In the third game against Outcasts, an Upper Level team that spotted the post team four runs, the Lady Mountaineers won 16-9. Consistent hitting from Idleburg, Jennifer Conrad and Roberts was the key to victory, according to Satow, and moved the post team into the championship round.

The post team lost its two games to Sissy Softball Squad 23-8 and 20-16 and finished second in the tournament. "I am very happy with the performance of our team both as a team and as individuals. We were positive throughout the tournament, the hitting was there, the defensive fielding was awesome ... very few errors. Overall, I think we gained some respect in the softball community, Satow said.



Lady Mountaineer third baseman Tasi Mafoe tags out a runner trying to advance to third base during action Saturday in Colorado Springs.

On the Bench

Coed softball league offers exciting action

by **Walt Johnson**

Mountaineer staff

There are two exciting events coming to the Mountain Post in the upcoming weeks that will bring out the best in soccer and basketball players.

Today, the post will play host to the Pride Soccer tournament that will have some of the top youth soccer teams in the Colorado area participating at Pershing Field. The tournament will continue Saturday and Sunday, also at Pershing Field.

Basketball fans will want to mark June 23 on their calendar as the U.S. women's junior national basketball team will take on Canada's team at the Special Events Center at 5 p.m. in a scrimmage game as the teams prepare for the 2006 FIBA Americas Under 18 Championship for Women June 28-July 2 at the U.S. Olympic Training Center in Colorado Springs.

The event is being hosted by USA Basketball and will include

teams from Argentina, Brazil, Canada, Costa Rica, Dominican Republic, Paraguay and Puerto Rico. The scrimmage game will be free of charge at the Special Events Center as will the games that will be played at the Olympic Training Center in Colorado Springs.

According to USA basketball officials, the top four finishing teams qualify for the 2007 FIBA U19 World Championship, so this is a pretty big event in the basketball world. The players involved will be the top athletes age 18-and-under from each of the eight nations, many of whom will go on to represent their country in future Olympics.

Caroline Williams, marketing director for USA basketball, said this will be a great time for the military community to come together to support the young team as it battles international competition and to show some pride in the team as it

See **Bench** on Page 35



Photo by Walt Johnson

Soccer tournament

Bill Reed, right, youth center 10-to-12 year old soccer coach, will lead his team into battle today, Saturday and Sunday at Pershing Field as part of the Pride Soccer tournament that begins at 1 p.m. today.



Photo by Walt Johnson

Fire away

Members of the post youth center took part in the monthly midnight basketball games at the youth center Friday playing some spirited basketball. The youth center hosts the event each first Friday of the month for high school youths from 8 p.m. to midnight.

Bench

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represents the country.

"We love the idea of giving the many children on base that have parents who have been or are deployed a great opportunity to cheer on the red, white and blue as the USA makes a run for the gold medal. When my husband, a Marine Reservist, was in Iraq for seven months, sports was one of the outlets I was able to use to escape for a few hours and I'm sure I'm not alone in that sense," Williams said.

The USA team's roster is not yet known but will include some of the top high school players from around the country. The team trials will be held at the Olympic Training Center Thursday through June 18.

The games will take place June 28 through July 2. There will be four games each day beginning with an 11:30 a.m. tip-off and the final contest each day will begin at 6:15 p.m. The specific tournament schedule can be found at: www.usabasketball.com/women/2006/06_wu18_results.html.

The post running team is looking for runners to help form this year's squad.

The team trains year-round in order to compete in local and national races. Any runner interested in being a part of the team should show up at the center at 6 a.m. on Tuesday, Wednesday and Thursday at the Special Events Center. Contact Martin Wennblom at 330-0554 or Bill Reed at 524-1163.

The Colorado Rockies next military appreciation day at Coors Field will be July 31 and Aug. 1-2 when the Milwaukee Brewers will be in town. The Rockies are offering discount

Mountaineer Youth Sports

Coaches meeting

Teresa Sons, left, Fort Carson youth center Badgers baseball coach, talks with parents of her players Monday at the youth baseball complex as the 5-to-6 and 7-to-9 year old season is set to begin Saturday. at the youth baseball fields adjacent to the youth center and at the south end of the Mountain Post Sports Complex beginning at 9 a.m. The youth center's 10-12 year old teams will begin its season June 18 on post.



Photo by Walt Johnson

Mountaineer Varsity Sports



Photo by Walt Johnson

Got there

Fort Carson Ace's player-manager Brian Rushing gets into third base just ahead of the tag of an opposing player Saturday morning during action at Three Diamonds Softball Complex in Colorado Springs. Due to recent deployments and other military commitments, the Aces are looking to fill a few positions on the team. Rushing will be holding a tryout session Thursday for any soldier interested in playing on this year's team. Call Rushing at (719) 721-9246 or (719) 494-9169 or Bill Reed at the Special Events Center, 524-1163, for more information on the Aces.

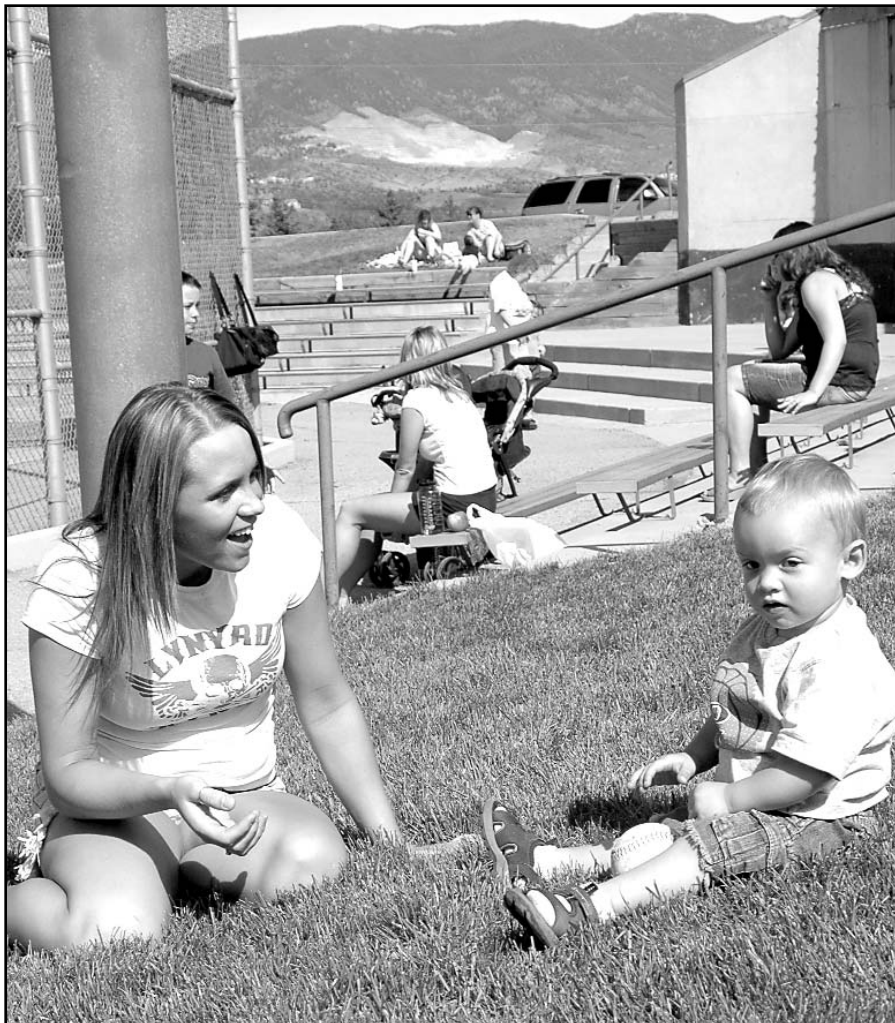


Photo by Walt Johnson

Fans of the Week

Amy Kondus, left, and her son Dannon get in some mother-son time while dad played a game for the Fort Carson Aces Saturday at Three Diamonds Sports Complex in Colorado Springs.

Bench

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tickets in the outfield box, pavilion or upper reserved infield seating area for just \$6 per ticket.

Call (303) 762-5437 and say you are calling for the military appreciation days tickets. These tickets will not be available at the stadium ticket windows. You must state that you are an active member of the United States military or a military veteran and provide reference number 741532.

Mark your calendars for the Rocky Mountain State Games that will be coming up Aug. 4-6 in Colorado Springs and Denver.

Some of the events will take place at Fort Carson and if judging from the past two years is any indication, there will be great action to watch.

The Rocky Mountain State Games will be played Aug. 4-6 at the Mountain Post and in the Colorado Springs and Denver areas.

More than 6,000 athletes are expected to play in more than 29 events as this year's Rocky Mountain State Games get under way. This year's event is a precursor to the national games that will be held in Colorado next year.

The events scheduled to be held at the Mountain Post facilities are: bowling, flag football, golf, power lifting and wrestling. Events

scheduled to be held at the Air Force Academy are: archery, judo, flag football (7 on 7), soccer, tennis and track and field.

According to state games officials, in order to qualify for the Rocky Mountain State Games, athletes must be a resident of the state of Colorado for at least 30 days prior to the first day of the competition they wish to enter. Students enrolled in a Colorado college or university can also compete as well as any member of the military and their families assigned to Colorado. The officials added that the games have been organized in accordance with NCAA guidelines with a few exceptions. The officials do caution any athlete that may have eligibility remaining with the NCAA to check with their athletic program regarding eligibility.

Also, Rocky Mountain State Games officials are looking for volunteers.

Volunteers are needed for events ranging from the opening ceremonies, to athlete check in, information booths, setting up and tearing down events, course guards, crowd control and traffic direction, scoring, timing, hospitality awards ceremonies, tabulating results and other activities. If you want to volunteer or want more information on volunteering contact state games officials at 634-7333, extension 1009.

Army NHRA drivers look to celebrate Army's 231st birthday in big way

Army News Services

JOLIET, Ill. — U.S. Army National Hot Rod Association drivers Tony “The Sarge” Schumacher, Angelle Sampey and Antron Brown will all be looking to hand their sponsor the perfect birthday gift — a win — this weekend when they take to Route 66 Raceway for the CARQUEST Auto Parts Nationals at Joliet, Ill.

While victories have come with frequency for both Sampey and Brown over the first third of the season, Schumacher heads for his hometown race having not yet earned a trip to victory lane in 2006 after totaling 19 wins the last two seasons.

Top Fuel

Schumacher, a three-time NHRA POWERade Top Fuel world champion, has not made it to the semifinal round since the Bristol, Tenn., race in late April.

He’s hoping a little home cooking will finally turn the tide.

“That would be great,” he offered. “It’s certainly been frustrating so far this year. If you would’ve told me at the beginning of the

season that we would not have any wins at this point, I would have said that you were crazy.”

Entering the CARQUEST Auto Parts Nationals eighth in the Top Fuel standings, Schumacher knows he and his team need to establish consistency soon if they are to make a move in the points.

“We have to get it done in qualifying and on race day,” he added. “We need to get down the quarter-mile each and every time. There’s no room for error anymore.”

Pro Stock Motorcycles

While Schumacher has struggled, Sampey and Brown have been on the opposite end of the performance spectrum.

Sampey, a three-time world champion, has three wins to her credit after the opening four events.

Brown claimed the one other race.

“The U.S. Army team has definitely put together an incredible start to the season,” said Sampey, who leads the points. “Life is real good for us right now.

“But, we can’t sit back and admire what we’ve done. We have to keep charging forward.”

Brown, who holds third-place in the standings, 74 points behind Sampey, is primed for a return trip to the winner’s circle.

“I’ve had a real good U.S. Army Suzuki all year, so there’s no reason to think I can’t win in Joliet and get back

up there to challenge Angelle for the lead,” he said. “Our goal remains the same — Angelle and I want to be the only ones fighting it out for the title.”

